

THE HOLLY

PRIVATE HOSPITAL

# Referrers' Directory 2021-2022

Welcome to exceptional healthcare

PART OF ASPEN HEALTHCARE

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# Welcome

Dear colleagues,



Welcome to the Referrers' Directory 2021-2022 for The Holly Private Hospital. This directory provides a comprehensive guide to our hospital services, referral information and details about each of our consultants.

We work with over 300 consultants and other specialists to provide healthcare services for patients in East London, Essex and the South East.

Our hospital is a caring, supportive environment

with state-of-the-art facilities. These include five operating theatres accredited by the Association for Perioperative Practice (AfPP) and the latest diagnostic imaging equipment. We also have a modern Day Care Unit with eight patient bays, chemotherapy suite, onsite pharmacy, and physiotherapy and sports centre.

Feedback in 2020 shows that our high standards of patient care and satisfaction continue. 99% of our patients rated the overall impression of their consultant as good, very good or excellent. Based on 194 Facebook reviews, patients awarded us an average 5 out of 5 stars.

Our commitment to quality healthcare, continuous improvement and innovation is also reflected in the numerous awards and accreditations that we have gained recently. These celebrate our team's hard work and dedication to delivering exceptional healthcare.

In particular, we were delighted to achieve a gold award as part of Aspen Healthcare Ltd at the UK Customer Experience Awards 2020. This gold award in the 'Customer experience in the crisis' category recognises our response to the coronavirus (Covid-19) crisis.

We are committed to protecting our patients and staff from coronavirus. Over the past year, we have introduced additional risk assessments, hygiene and infection control measures to keep everyone safe. We have followed all official guidelines and offered patients the option of having a secure online video or telephone consultation with their consultant.

Coronavirus has placed a severe strain on healthcare services across the UK. On pages 38 to 39, you can read about how we have made our full capacity available to the NHS during the pandemic. We will continue to support the NHS with this national emergency for however long they need our help.

I warmly welcome you and your patients to The Holly Private Hospital.

**David Henderson**  
Hospital Director

## Useful contacts

### The Holly Private Hospital main switchboard

**T:** 020 3925 6926

### NHS e-Referral team

**T:** 020 8936 1253

**E:** [hollyreferrals@nhs.net](mailto:hollyreferrals@nhs.net)

### Self-pay enquiries and prices

**T:** 020 3582 9873

**E:** [selfpay@theholly.com](mailto:selfpay@theholly.com)

### Outpatient appointments

**T:** 020 8936 1175 (dedicated line for GP use only)

### Inpatient bookings

**T:** 020 8936 1200

### Physiotherapy and Sports Centre

**T:** 020 8936 1210

### Diagnostic Centre

**T:** 020 8936 1202

### Pathology

**T:** 020 8936 1204

### Pharmacy

**T:** 020 8936 1223

### Hospital Director

David Henderson

**E:** [david.henderson@theholly.com](mailto:david.henderson@theholly.com)

### The Holly Private Hospital

High Road,  
Buckhurst Hill,  
Essex IG9 5HX

**W:** [theholly.com](http://theholly.com)



# Why choose The Holly Private Hospital?

## At The Holly Private Hospital, we are committed to providing first-class independent healthcare for our patients.

Located in Buckhurst Hill, Essex, we offer everything that you would expect from your local independent hospital. This includes outpatient clinics, imaging and diagnostics, health screening, and treatment and surgery for most medical specialities.

Our hospital has exceptional facilities. These include five state-of-the-art theatres, a modern Day Care Unit with eight patient bays and a physiotherapy and sports centre.

We are trusted partners offering your patients quick and easy access to clinical pathways.

## Over 300 specialist consultants

We work with over 300 consultant doctors and other allied healthcare specialists in the South East. Many of them also have substantive roles in the NHS. All of our nurses are registered with the Nursing and Midwifery Council.

Referring patients to The Holly Private Hospital for outpatient, inpatient or day case treatment is easy. Our team of experienced healthcare professionals ensure that your patients get the best possible care and treatment.

## Zero hospital-acquired infection

We have a track record of zero hospital-acquired MRSA or Clostridium difficile (C.diff) infection at The Holly Private Hospital.

## Choosing The Holly Private Hospital for your patients' treatment

**NHS funded:** The Holly Private Hospital welcomes NHS patients who need treatment in the following specialities:

- Ear, nose and throat (ENT) services
- General surgery (including gallbladder, hernia, lumps and bumps)
- Gynaecology and Urogynaecology
- Pain management
- Ophthalmology
- Orthopaedics (shoulder and elbow, spine, hand and wrist, hip, knee, foot and ankle)
- Rheumatology

**Insured:** If your patients have private medical insurance, they should be covered to come to The Holly Private Hospital. We have agreements with most major health insurance companies, which allow patients to be treated at our hospital.

**Self-funded:** Your patients do not have to be insured to be treated at The Holly Private Hospital. We have all-inclusive price packages available for most medical procedures. This gives your patients the reassurance of knowing exactly how much their treatment costs in advance.

## Our mission statement

Our mission is to provide first-class independent healthcare for the local community in a safe, comfortable and welcoming environment; one in which we would be happy to treat our own families.



# Our services

At The Holly Private Hospital, we can care for patients from their initial consultation and diagnostic tests right through to surgical treatment and rehabilitation. We cover most medical specialities.

## Our services include:

- Audiology
- Breast surgery
- Cardiology
- Clinical immunology and allergy
- Colorectal surgery
- Cosmetic and plastic surgery
- Counselling
- Dermatology
- Dietetics
- Ear, nose and throat (ENT)
- Endocrinology
- Gastroenterology
- General medicine
- General practice (private GP service)
- General surgery
- Gynaecology
- Haematology
- Nephrology
- Neurology
- Neurophysiology
- Neurosurgery
- Oncology
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopaedics (Back and spinal, Elbow, wrist and hand, Foot and ankle, Hip, Knee, Shoulder)
- Paediatric surgery
- Paediatrics
- Pain management
- Podiatric surgery
- Psychiatry
- Psychology
- Radiology
- Respiratory medicine
- Rheumatology
- Sports medicine and sports injuries
- Thyroid surgery
- Urology
- Vascular surgery

## Facts and figures

 <b>370+</b> Hardworking staff	 <b>300+</b> Consultant experts
 <b>42</b> Registered beds	 <b>24</b> Outpatient consulting rooms



**5**

Operating theatres, including endoscopy

One exceptional hospital

## Patient satisfaction survey results in 2020

Our feedback in 2020 shows that patient satisfaction remains high. We are proud of our reputation, our staff and the quality of our healthcare at The Holly Private Hospital.



97% of our patients told us that the overall quality of their care was 'Good', 'Very Good' or 'Excellent'



99% of our patients rated the overall impression of their consultant as 'Good', 'Very Good' or 'Excellent'




Reviews on the healthcare review platform Doctify

**4.81**  
Overall patient trust rating

Overall experience   
 Wait time   
 Cleanliness   
 Friendliness 



Facebook

Reviews: (based on 194 reviews) 

## Patient feedback in 2020

*'Friendly staff. Excellent accommodation and food. Cannot praise the treatment I received highly enough.'*

*'Everyone I came into contact with was extremely friendly. My appointment was on time and I left feeling totally confident that I had chosen the right hospital to have my treatment.'*

*'The hospital and especially the staff were amazing. I felt very well looked after and was kept informed throughout about what will be happening that day.'*

*'Very courteous staff and welcoming. I was well looked after and made to feel comfortable. Easy parking and access, too.'*

*'The Holly is a great hospital. I have been to two other private hospitals and have found The Holly to be the best of them. Staff are friendly and the care was excellent.'*





# Accreditations and awards

## Accreditations



### Overall 'Good' – Care Quality Commission (CQC) rating

A team of CQC inspectors visited The Holly Private Hospital in 2017. This was part of the CQC's ongoing inspection programme for independent acute hospitals. The CQC awarded us an overall rating of **'Good'**.



### AfPP for theatres

The Holly Private Hospital is accredited by the Association for Perioperative Practice (AfPP).



### WorldHost® business status

WorldHost is a nationally recognised badge of excellence for customer service. All staff at The Holly Private Hospital are trained to world host standards. The training covers hospitality, good first impressions, telephone manner and communication skills.



### Bupa accreditation

Bupa, the UK's leading private healthcare insurance company, has accredited The Holly Private Hospital as breast care and bowel care centres of excellence for cancer diagnosis and treatment.



### Macmillan Quality Environment Mark

The Holly Private Hospital has been awarded the Macmillan Quality Environment Mark (MQEM). The MQEM is a detailed quality framework used to assess whether cancer care environments meet the standards required by people living with cancer.



### United Kingdom Accreditation Service (UKAS)

UKAS, the national accreditation body for the United Kingdom, has given quality accreditation to The Holly Private Hospital's Pathology Laboratory.



### ISO certification for Decontamination Department

The Decontamination Department at The Holly Private Hospital is Medical Devices Directive (MDD/93/42/EEC), ISO 9001 and ISO 13485 accredited. This means that we comply with the highest standards to ensure that surgical instruments used in clinical procedures are safe and sterile.



### Food Standards Agency rating

The Food Standards Agency inspected The Holly Private Hospital in 2020 and awarded us a 5-star food hygiene rating.



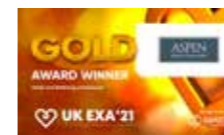
### Investors in People accreditations

The Investors in People standard is the global benchmark of good people management. In 2021, The Holly Private Hospital received the 'We invest in people' gold accreditation and the 'We invest in wellbeing' silver accreditation. This shows that we value our people and have an effective health and wellbeing strategy in place to support them.



*'I have been to The Holly many times and I'm always impressed with the first-class service.'*

## Awards



### UK Employee Experience Awards 2021

The Holly Private Hospital, as part of Aspen Healthcare, won a gold award in the 'Health and Wellbeing of Employees' category. This award celebrates our health and wellbeing strategy, which focuses on the four pillars of employees' physical, mental, financial and social wellbeing.



### UK Employee Experience Awards 2020

The Holly Private Hospital, as part of Aspen Healthcare, won double gold awards in the 'Delivering customer experience' and 'Employee training and development' categories. The customer experience award recognises our 'STEP-Up-To-Safety' scheme, which is a patient safety and culture change programme.



### UK Customer Experience Awards 2020

In 2020, Aspen Healthcare and The Holly Private Hospital won a gold award in the 'Customer experience in the crisis' category. This award recognises our response to the coronavirus pandemic.



### LaingBuisson Awards 2020

The Holly Private Hospital, as part of Aspen Healthcare, was a double finalist at the LaingBuisson Awards. These awards recognise and celebrate industry excellence and innovative services in the public, private and third sectors.



### Reward and Employee Benefits Association (REBA) Employee Wellbeing Awards 2020

The Holly Private Hospital won an award in the 'Best New Wellbeing Strategy' (500 to 5,000 staff) category. Launched in 2019, 'Holly Health and Wellbeing' is an innovative programme that focuses on our employees' physical, mental, financial and social wellbeing.



## Facilities at a glance

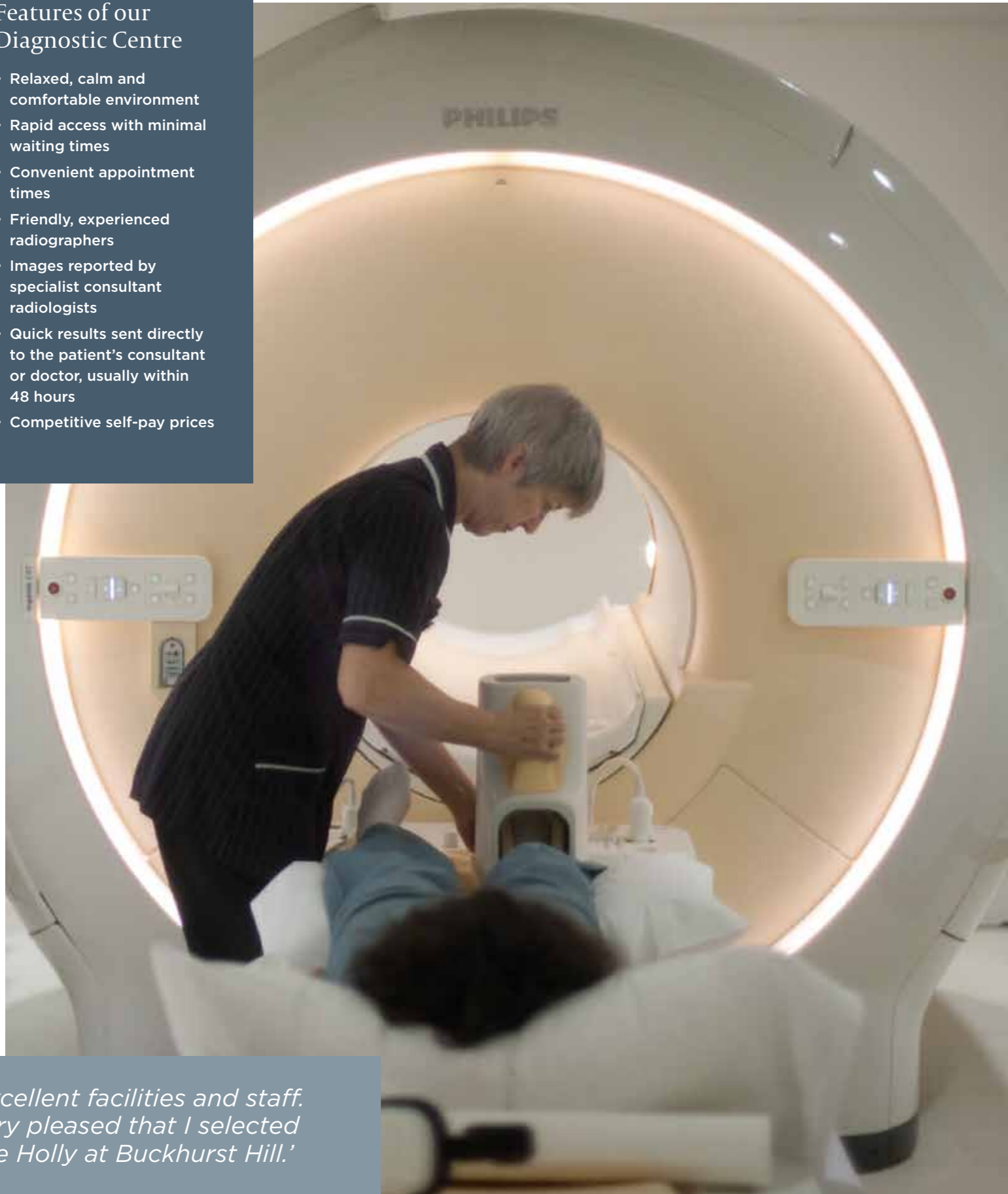
- 5 operating theatres, including endoscopy
- 42 registered beds
- Day Care Unit with 8 patient bays
- Chemotherapy suite with 6 patient bays
- 24 outpatient consulting rooms
- BUPA accredited breast and bowel care centres
- Oral surgery and dentistry suite
- Pharmacy
- Diagnostic centre
- Physiotherapy and sports centre
- Private GP and cosmetics suite
- UKAS accredited Pathology Laboratory
- Decontamination department
- Onsite car parking





## Features of our Diagnostic Centre

- Relaxed, calm and comfortable environment
- Rapid access with minimal waiting times
- Convenient appointment times
- Friendly, experienced radiographers
- Images reported by specialist consultant radiologists
- Quick results sent directly to the patient's consultant or doctor, usually within 48 hours
- Competitive self-pay prices



*'Excellent facilities and staff. Very pleased that I selected The Holly at Buckhurst Hill.'*

## Diagnostic imaging services

Our Diagnostic Centre is fully equipped with the latest imaging equipment to ensure that we can scan any part of the body. The tests and scans available at The Holly Private Hospital include:

- **Antenatal screening:** We offer early pregnancy scanning (6 to 11.5 weeks) to confirm a pregnancy and establish an estimated due date.
- **Breast screening (MicroDose mammography):** We run a Rapid Access/One-Stop Breast Clinic to give a quick, accurate diagnosis of any breast concerns. The Holly Private Hospital was the first local healthcare provider to introduce innovative MicroDose technology. This combines breast and osteoporosis screening in a single examination.
- **CT scans:** We have invested over £650,000 in a Toshiba Aquilion Prime SP 160 CT scanner. This provides high quality imaging with the lowest possible radiation dose to patients. It also supports new services, such as cardiac CT angiography.
- **DEXA osteoporosis scans (dual energy X-ray absorptiometry):** A DEXA scan is performed to measure bone mineral density. This information can help to diagnose bone-related health problems, such as osteoporosis, or to assess the risk of getting them. Ideally, patients should have a DEXA scan at the age of about 40 to identify any significant loss in bone density.

- **Healthy heart package:** We offer a healthy heart package for self-funding patients. It is suitable for patients concerned about the risk of heart disease (for example, if they smoke, are overweight or have a family history of heart problems). Patients have a CT calcium score scan, followed by two ultrasound scans (one carotid artery scan and one aorta scan). This service is available once a month on Wednesdays and patients get the results instantly from a radiologist.
- **MRI scans:** Our MRI service is open seven days a week. Appointments are available every day from early morning until night. We have a 3-Tesla MRI scanner, which is currently the most advanced MRI imaging in clinical practice. It is also the only 3T scanner available privately in the local area. The scanner is quieter, faster and less claustrophobic for patients and results in high resolution musculoskeletal, oncological and brain imaging.
- **Ultrasound scans:** We carry out a wide range of ultrasound scans on various parts of the body. Ultrasounds are available on every weekday, including during the evening, and on Saturday.
- **X-rays:** We perform X-rays, including fluoroscopy procedures, on many parts of the body. Our X-ray service is open on every weekday, including during the evening, and on Saturday.

All our scans provide the best quality imaging, which is vital for rapid diagnosis and improved outcomes.

### A quality service

Our department is made up of registered radiographers and consultant radiologists. We follow the guidelines produced by the Royal College of Radiologists and College of Radiographers.

We are registered and regulated by the Care Quality Commission (CQC) and accredited by all major insurers, including BUPA, AXA Health and WPA.

Our department uses a fully integrated, digital picture archiving and communication system (PACS). This viewing system allows consultants to see investigations instantly in their consulting room or at any terminal in the hospital.

### Referrals and appointments

Patients can refer themselves for screening services, such as antenatal screening, breast screening, DEXA osteoporosis scans and the healthy heart package.

You need to refer patients for diagnostic imaging. Please download a referral form from [theholly.com/gp-zone/referral-information](http://theholly.com/gp-zone/referral-information) You can either:

- email the completed, signed form securely to: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)
- give the completed, signed form to your patients and ask them to make their own appointment by calling **020 8936 1202** or emailing the form to: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)

You cannot refer NHS patients directly for diagnostic imaging services at The Holly Private Hospital.



# Physiotherapy and sports clinic

## Facilities

Our physiotherapy unit contains six individual treatment areas and a larger gym area for patient rehabilitation. The unit is centrally located within the hospital. This means that patients can access consultations, diagnostic imaging and physiotherapy all under one roof.

We also have an ultraviolet (UV) cabin, which offers ultraviolet A (UVA) and ultraviolet B (UVB) phototherapy. This delivers ultraviolet light to the skin to treat various conditions, including psoriasis, eczema and dermatitis.

## Conditions that can be treated with physiotherapy

Our physiotherapists treat people of all ages with physical problems caused by illness, accident or ageing, including:

- back, neck and shoulder pain
- upper limb conditions affecting the shoulder, elbow, wrist and hand
- lower limb conditions affecting the groin, hip, knee, ankle and foot
- temporomandibular joint disorder
- sports injuries
- persistent pain syndrome
- post-operative rehabilitation following orthopaedic and other surgical procedures
- pregnancy-related pain
- posture-related problems
- stress incontinence and pelvic floor dysfunction

## Physiotherapy treatments

We offer a range of physiotherapy treatments at The Holly Private Hospital, including:

- acupuncture
- exercise therapy
- mobilisation and manipulation
- phototherapy (a referral from a consultant dermatologist is needed for this service)
- physiotherapy for sports injuries/sports rehabilitation
- Pilates
- preventative advice to improve wellbeing
- run 3D gait analysis (uses advanced motion analysis technology to assess, treat and prevent injuries)
- shockwave or electrotherapy (uses small energetic or electrical impulses to reduce pain and promote healing)
- sports massage
- functional pelvic floor muscle or bladder retraining and related treatments

## Our physiotherapists

All our physiotherapists are members of the Chartered Society of Physiotherapy and registered with the Health and Care Professions Council (HCPC). Some are also specialists with post-graduate training in sports injuries or women's health.

Our physiotherapists work closely with other specialists in the hospital and provide supportive services, where necessary.

For more information, please visit [www.theholly.com/services/physiotherapy-and-sports-clinic](http://www.theholly.com/services/physiotherapy-and-sports-clinic)



## Referral information

Referring self-funded or insured patients to The Holly Private Hospital for physiotherapy is a simple process. You can:

- email **Physiotherapy Department@TheHolly.com**
- phone us on **020 8936 1210**
- post your referral letter to: Physiotherapy Department, The Holly Private Hospital, High Road, Buckhurst Hill, Essex IG9 5HX

Patients who are self-funding or have private medical insurance can also refer themselves directly for general physiotherapy or sports injury treatment. They can either:

- email **Physiotherapy Department@TheHolly.com**
- phone us on **020 8936 1210**

*'Very friendly and welcoming staff. Service was prompt. Facilities were comfortable and clean.'*



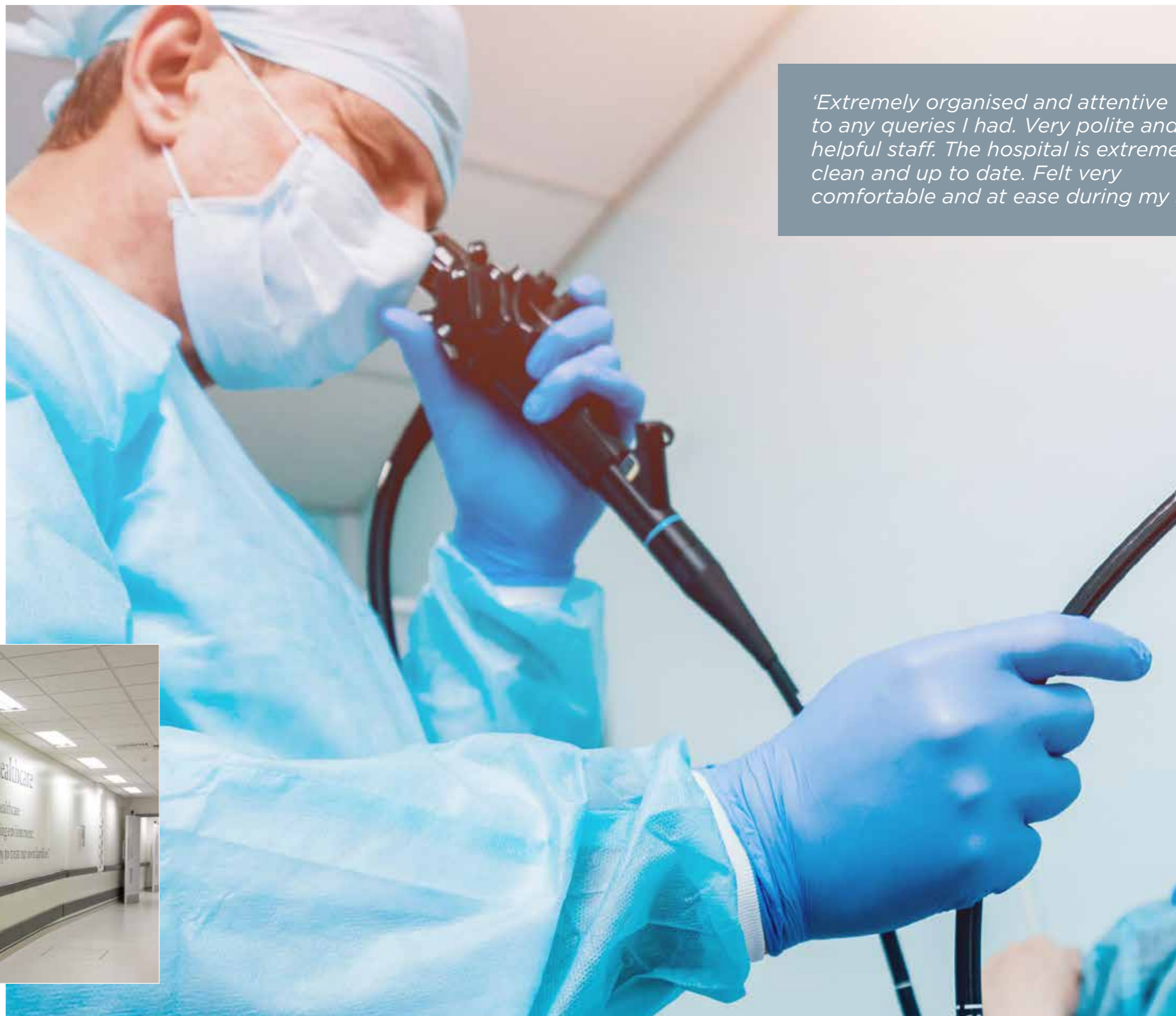
## Endoscopy service

The Holly Private Hospital's Endoscopy Department takes pride in offering patients a high quality service. Our hospital provides a welcoming and reassuring environment. Patients have their endoscopy performed in a fully equipped theatre and are admitted to our modern Day Care Unit or the Cedar Ward during recovery. We have highly skilled endoscopy specialists and an experienced clinical and managerial team.

Various consultant specialists perform endoscopies at our hospital, depending on the medical condition that is being investigated. We carry out most types of endoscopy, including:

- gastroscopy
- colonoscopy
- flexible sigmoidoscopy
- capsule endoscopy
- ERCP procedure (endoscopic retrograde cholangio-pancreatography)

All procedures at the Endoscopy Unit are available for self-pay and private medical insurance patients. To find out more, including prices for self-pay procedures, please call **020 8936 1201**.



*'Extremely organised and attentive to any queries I had. Very polite and helpful staff. The hospital is extremely clean and up to date. Felt very comfortable and at ease during my stay.'*







## Day Care Unit

**The Holly Day Care Unit is specially designed for patients coming to the hospital for day surgery.**

Our modern Day Care Unit includes:

- an arrivals lounge
- a nurses' station
- eight patient bays (equipped with a bed or lounge chair and personal entertainment centre)
- free WIFI
- complimentary drinks and light refreshments

The Day Care Unit is conveniently located next to our five operating theatres. This means that after surgery, we can quickly and easily transfer patients to the recovery area with minimal disruption.

Depending on their procedure, patients may need to rest and recuperate in the Day Care Unit for between one and six hours after treatment. Our team of expert nurses and consultant doctors are available to care for patients while they are here. They explain how long patients may need to stay in the Day Care Unit and ensure that they are fit and well to return home.

Our Patient Relations Team can arrange for VIP transport to and from The Holly Private Hospital, together with hotel accommodation. Your patients can call us on **020 8936 1193** if they would like our assistance. There is a charge for these services.





## Cancer services

**At The Holly Private Hospital, we are committed to providing high quality, personalised cancer care services. We work closely with patients to support their individual choices and preferences in a caring environment.**

### Our cancer care team

Experienced consultant oncologists and surgeons lead our multidisciplinary team in cancer care. They are all experts in their field and specialise in diagnosing and treating many different cancers. We care for people with:

- breast cancer
- gastrointestinal cancers
- gynaecological cancers
- haematological conditions
- lung cancer
- urological cancers

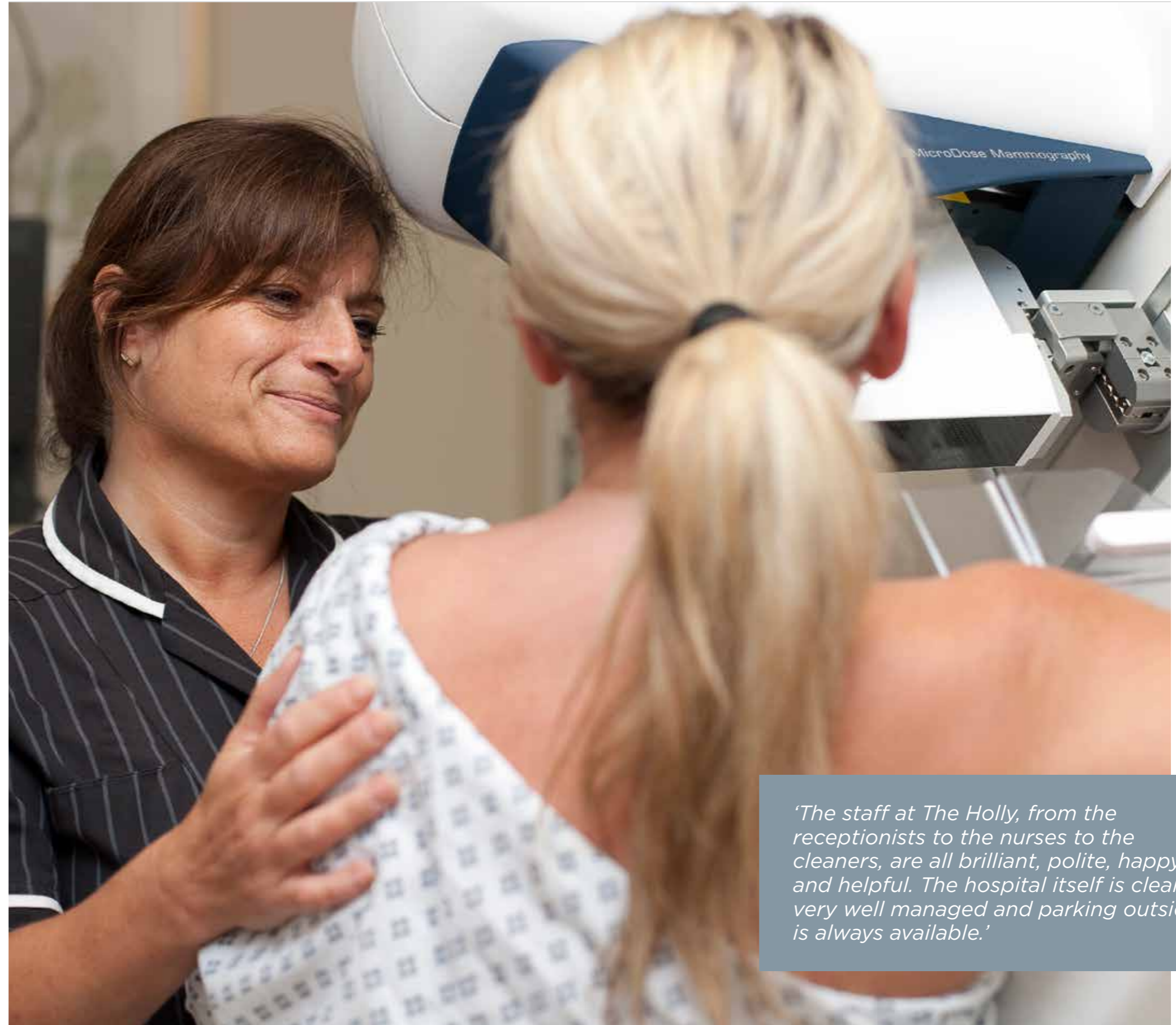
Specialist cancer nurses support patients from diagnosis through to their treatment and aftercare. The nurses are trained in cancer-related issues, including managing side effects and providing supportive care.

Our radiologists and radiographers are also key members of the multidisciplinary team. Their work is often vital in making an accurate, early diagnosis and improving the prospects for treatment.

### Our cancer care facilities

Our cancer care facilities include:

- two inpatient wards with private en-suite rooms and comfortable seating for family or friends
- a fully equipped chemotherapy suite
- five operating theatres
- a Pathology Laboratory, which provides testing facilities with rapid turnaround times
- a Diagnostic and Imaging Department with mammography and CT, MRI and ultrasound scanning
- a spacious, modern Day Care Unit for patients having day-case treatment
- a patient information area with wide-ranging information on cancer, treatments and local support groups
- private consultation rooms for patients to have one-to-one meetings with their care team



*'The staff at The Holly, from the receptionists to the nurses to the cleaners, are all brilliant, polite, happy and helpful. The hospital itself is clean, very well managed and parking outside is always available.'*





### Cancer testing and screening

We offer various cancer testing and screening services, including:

- bowel cancer screening
- a Bupa centre of excellence accredited Rapid Access or One-Stop Breast Clinic
- cervical cancer health checks
- prostate cancer health checks
- skin cancer screening
- CT scanning with a state-of-the-art Toshiba Aquilion Prime SP 160 CT scanner
- MRI scanning with the region's only 3-Tesla MRI scanner for advanced oncological imaging
- ultrasounds
- X-rays

Our Diagnostic and Imaging Centre has the latest technology and equipment to scan any area of the body. We also have a UKAS accredited Pathology Laboratory, which analyses samples onsite six days a week. This means that patients can often get test results on the same day or within 24 hours.

### Breast Care and Rapid Access/One-Stop Breast Clinic

We run a comprehensive breast care service and our Unit is accredited as a Bupa centre of excellence.

To minimise anxiety, we have set up a Rapid Access or One-Stop Breast Clinic. If a patient is concerned about any breast-related symptoms, we can usually arrange an appointment within 48 hours and often on the same day. We hold the clinic four days a week.

A consultant breast surgeon assesses the patient and performs a physical examination. Where necessary, the consultant may then refer the patient for:

- a mammogram
- an ultrasound scan of the breast
- an analysis of tissue sample taken during a biopsy

When the investigations have been carried out, the consultant sees the patient again in the clinic. Wherever possible, the test results are available at

the same appointment to enable a speedy diagnosis and reduce anxiety. Most patients leave our clinic with peace of mind. However, if an abnormality is detected, they receive the immediate support of a specialist breast care nurse and timely access to treatment.

We also offer a breast screening service, where patients over the age of 40 who have no breast symptoms can refer themselves for an annual mammogram.

### Cancer surgery and procedures

Anyone having surgery as part of their cancer treatment is admitted to our hospital as either a day patient or for a longer stay, as appropriate. Our consultants are experts in performing surgery to treat different types of cancer. They assess each individual's suitability for anaesthetic and surgery, and explain what to expect.

### Chemotherapy suite

We have a chemotherapy suite with modern equipment to deliver cancer treatment in comfortable, relaxed surroundings. Many people enjoy the social aspect of having treatment with others in a similar situation. There are also two single rooms that can be used for chemotherapy treatment. We offer patients scalp cooling, which can reduce the hair loss that they experience due to chemotherapy.

### Supportive care

Patients having cancer treatment at The Holly Private Hospital can access a full range of supportive care services. These include:

- an onsite Diagnostic and Imaging Department, Pathology Laboratory and Pharmacy
- pain management specialists, who offer therapies to reduce pain, increase mobility and improve wellbeing
- a dietitian, who provides specialist nutritional advice and dietary support
- a physiotherapy team, who can offer physical therapy and rehabilitation
- an holistic therapist, who provides complementary therapies such as reflexology massage
- psychologists and counsellors, who can give emotional support to people living with cancer and their family

### Cancer symptom management

Our multidisciplinary team helps patients to manage cancer-related symptoms, such as sickness, loss of appetite, pain, tiredness and anxiety. Specialist cancer nurses work closely with the consultants and can:

- carry out a thorough assessment of patients' symptoms
- give information about treatment options
- support patients to cope with the physical, emotional and psychological effects of their illness
- liaise with other healthcare professionals who provide supportive services in the hospital

### Cancer services during the coronavirus pandemic

At The Holly Private Hospital, we recognise that the coronavirus (Covid-19) pandemic has been exceptionally challenging for people living with cancer. We have introduced many safety measures to help keep our patients safe:

- To protect clinically extremely vulnerable patients undergoing cancer treatment, they currently have their own separate entrance and exit to the hospital. Our staff collect patients and escort them to their own room. All patients have their own private room during the pandemic.
- We have restricted the number of people coming to the unit. Our staff have performed all portering and housekeeping tasks, apart from room cleaning.
- All patients are tested for Covid-19 before admission and we give them advice on self-isolating and shielding.
- If patients have been to another hospital in between appointments with us, we can take a fast Covid-19 swab test on admission to minimise delay.
- We have limited the number of hospital visits that patients need to make. To reduce potential exposure to coronavirus, we try to do as much as possible in one visit.

We are pleased to report that none of our patients' cancer treatments have been delayed because of coronavirus restrictions.





## Ophthalmology services

**The Holly Private Hospital has a specialised team of consultant ophthalmologists, who are experts at diagnosing and treating eye conditions. They hold outpatient clinics every weekday in our ophthalmic suite. This contains equipment to perform the latest eye tests and procedures, including:**

- biometry to measure the power of the cornea (keratometry) and the length of the eye (this data is used to determine the ideal intraocular lens power)
- visual fields tests to screen for glaucoma
- YAG and SLT laser treatments
- Optical Coherence Tomography (OCT) to take 3D images of the eye tissue
- corneal pachymetry to measure the thickness of the cornea

Ophthalmology integrates with many other branches of medicine. For example, diabetes is the most common cause of visual impairment for people under the age of 65. Our consultant ophthalmologists can work closely with other specialists in the hospital and refer patients to them, as appropriate.

If patients need any further treatment, we have five fully equipped theatres where eye surgery can be performed. There is little or no waiting time for eye surgery and treatment can start when patients are ready.

Our consultant ophthalmologists can treat a variety of eye conditions, including:

- age-related macular degeneration
- cataracts
- corneal diseases
- diabetic eye disease or retinopathy
- eye socket disorders
- eyelid cancers
- eyelid malposition, lumps, tumours and cysts (treated with oculoplastic surgery)
- glaucoma
- macular hole
- uveitis
- watery eyes and blocked tear ducts



# Orthopaedic and sports medicine services

**Our highly skilled orthopaedic surgeons treat musculoskeletal conditions affecting the shoulder, back/spine, hip, elbow, wrist, hand, knee, foot and ankle. We offer rapid assessment clinics and physiotherapy to help patients recover as quickly as possible.**

## Shoulder conditions

We provide comprehensive advice and treatment for various shoulder conditions, including:

- frozen shoulder
- rotator cuff tears, tendonitis and bursitis
- shoulder instability
- acromioclavicular joint disorders
- osteoarthritis
- broken or fractured bones
- brachial plexus injury

Usually, we arrange an MRI or CT scan to diagnose the problem but a shoulder arthroscopy procedure may be required. Our orthopaedic specialists then explain the treatment options. They work closely with musculoskeletal physiotherapists to help restore patients' previous fitness level.

## Back and spinal conditions

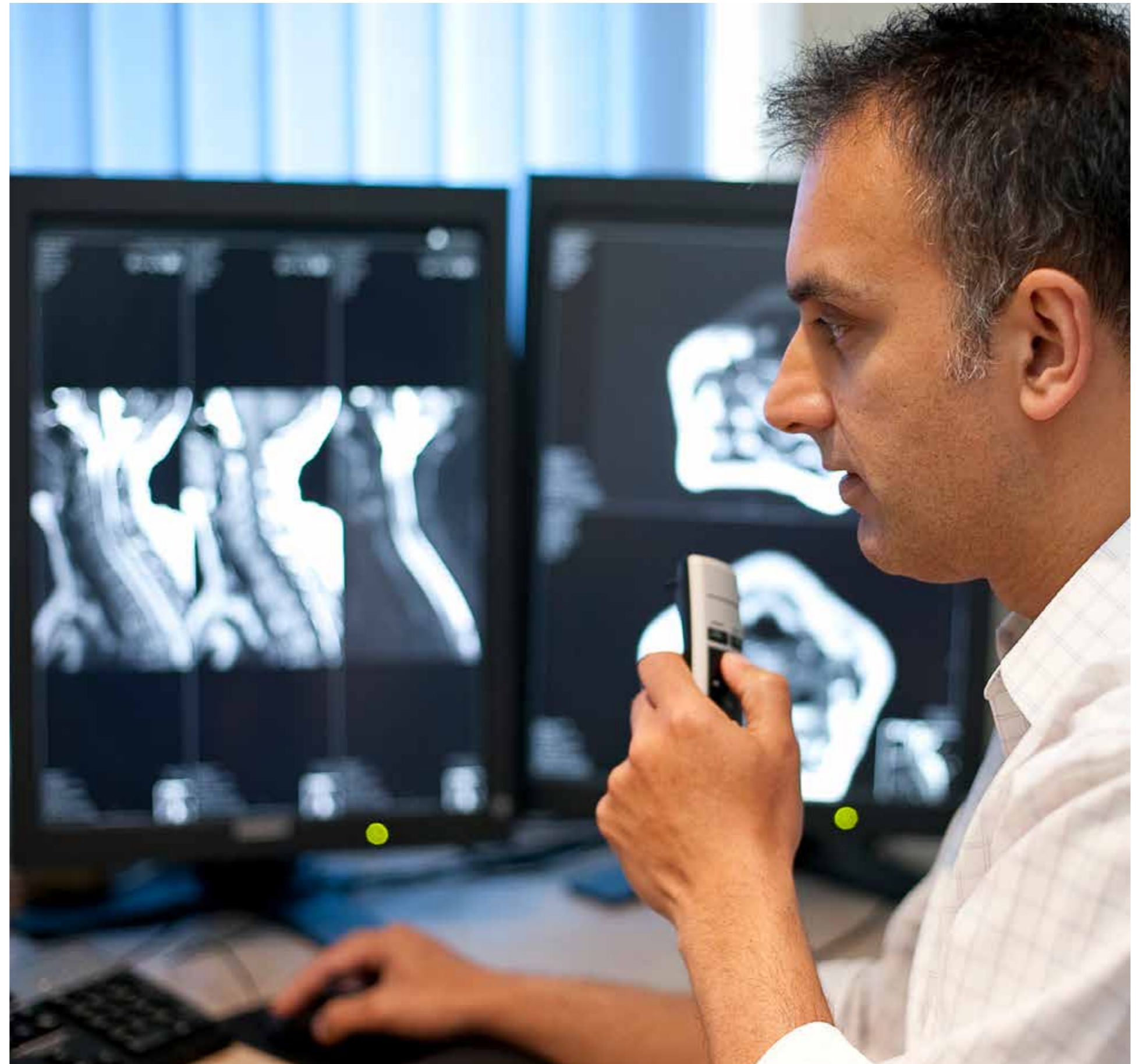
Whether patients have a slipped disc, fracture, tumour or sciatica, our orthopaedic specialists, surgeons and physiotherapists can help.

We have advanced diagnostic imaging technology, including MRI scanning, ultrasound and X-ray. This means that we can make a rapid diagnosis of any back and spine condition or injury.

Treatment may include conservative management techniques, such as oral painkillers or steroid injections. Our orthopaedic surgeons also perform:

- minimally invasive spinal back surgery
- corrective surgical procedures for spinal deformities
- decompression surgery
- disc replacement surgery
- kyphoplasty

Again, our musculoskeletal physiotherapists can help patients to improve their flexibility and movement.





### Hip conditions

We treat all types of hip problems, including arthritis, inflammation of joints, cartilage damage and bone trauma.

Our hospital performs diagnostic imaging of the hip using the latest MRI scanning, X-rays or ultrasound. We are also one of the few facilities in the UK to have invested in the most advanced motion analysis technology. This is called Run 3D gait analysis and helps to assess, treat and prevent injuries.

We may recommend non-surgical treatment for hip pain, such as painkillers, anti-inflammatory drugs or steroid injections. Our musculoskeletal physiotherapists can help patients to strengthen the large number of muscles surrounding the hip joint. If patients need further treatment, our orthopaedic surgeons can carry out a hip arthroscopy, replacement or resurfacing in one of The Holly's five operating theatres.

### Elbow, wrist and hand conditions

We provide specialist orthopaedic treatments for upper limb sprains and strains, inflamed tendons, cartilage tear, ganglion cysts and fractures.

Our imaging services enable a fast, accurate diagnosis of upper limb problems. Treatment may involve non-invasive pain management or hand and nerve surgery to treat conditions like Dupuytren's contracture or carpal tunnel syndrome. Our musculoskeletal physiotherapists can assess and treat patients, and provide hand splinting if necessary, to help them regain full function of the upper limb.

### Knee conditions

We offer diagnostic tests, advice and treatment for any knee condition, including:

- dislocation of the kneecap
- tendonitis
- anterior cruciate ligament injury
- lateral collateral ligament injury
- osteoarthritis

- bursitis
- knee strain
- meniscal injury

The onsite Diagnostic Centre provides MRI scanning, ultrasound or conventional X-rays. We also have other innovative technology, such as Run 3D gait analysis, to help assess knee problems. To ensure an accurate diagnosis, we can perform a knee arthroscopy.

Our orthopaedic specialists may recommend specialist physiotherapy, medical management or surgical techniques, such as keyhole surgery, joint replacement or preservation surgery.

### Foot and ankle conditions

A team of orthopaedic specialists, foot and ankle surgeons, physiotherapists and podiatrists treat all foot and ankle complaints. This includes breaks, fractures, strains and sprains, tendon issues, bone malformations and conditions like arthritis.

The team have access to sophisticated diagnostic imaging facilities. We may offer patients non-invasive treatment or a minimally invasive procedure, such as:

- ligament repairs
- complex ankle surgery
- Achilles tendon repair
- reconstructive surgery

Our musculoskeletal physiotherapists can provide extensive rehabilitation programmes to help patients return to an optimum fitness level.

We can treat the common condition of plantar fasciitis with Extracorporeal Shockwave Therapy (ESWT). This therapy works by applying energetic (not electrical) shockwaves to the painful area.

We hold outpatient clinics with consultant podiatric surgeons. They treat conditions including Achilles tendonitis, bunions, hammertoes, ingrown toenails, foot arthritis and complications from chronic diseases, such as diabetes. Examples of treatment methods are nail surgery, orthoses, biomechanical assessment and gait analysis.



### Sports medicine

Our consultant sports physicians treat athletes and sportspeople of all ages and abilities. We can advise on any sports and exercise-related injury or condition. Many of our consultants have experience of working with elite sportsmen and women or Premiership football teams.

The consultant sports physicians work closely with other hospital specialists, such as orthopaedic surgeons, when necessary. They are supported in their diagnosis by our onsite Diagnostic Centre and other modern technology, such as Run 3D gait analysis.

Our consultant sports physicians can:

- investigate the causes of sports injuries
- perform biomechanical assessments to measure the muscle strength and range of joint motion in limbs
- advise how similar injuries can be avoided in the future
- help patients to plan their fitness and training programmes

If patients need rehabilitation before returning to their sport, they can attend our physiotherapy and sports clinic. This clinic provides rehabilitative programmes and a shockwave therapy service.



# Paediatric services

## Childhood conditions treated

Our consultant paediatricians can provide specialist advice, diagnosis and treatment for various conditions affecting babies, children and young people, including:

- attention deficit hyperactivity disorder (ADHD)
- allergies (we offer allergy testing)
- asthma, cough or wheezing
- anaemia or vitamin D deficiency
- autism
- bedwetting or daytime wetting
- behavioural problems
- developmental delay
- digestive problems, such as stomach pain, constipation, diarrhoea, vomiting or reflux
- dyslexia or dyspraxia
- ear, nose and throat (ENT) complaints
- eczema, skin rashes and birthmarks
- enlarged glands
- epilepsy and fits, fainting or funny turns (private electroencephalograms (EEGs) are available)
- flat feet, knock knees, back pain, limp or painful limbs
- genital problems
- headaches or migraines
- heart murmurs (echocardiograms are available)
- infections of the chest, skin or urine, etc.
- obesity or poor weight gain
- sleep problems
- speech delay
- well baby checks

## Paediatric surgery

Paediatric surgery is available for various specialities, including:

- dental medicine
- dermatology
- ear, nose and throat (ENT)
- general surgery
- oral surgery
- orthopaedics
- plastic reconstructive surgery
- urology

Common procedures that we perform on children and young people include:

- removal of adenoids and/or tonsils
- circumcision
- draining a build-up of fluid from the eardrum (myringotomy)
- surgical removal of impacted or buried teeth

The Holly Private Hospital is a safe, friendly and supportive environment for young patients and their families. Specialist paediatric nurses work closely with our consultants. We have meal options for children and try to make their visit as comfortable as possible. Young children get a special bravery certificate and The Holly teddy bear to take home.

## Tests and scans on children and young adults

Our onsite Diagnostic Centre has a consultant paediatric radiologist and can perform any X-rays or scans that are needed for diagnosis.

## Paediatric physiotherapy

Our musculoskeletal physiotherapy team provide paediatric services to all children over the age of five. We have physiotherapists who are trained to manage many childhood conditions, such as hypermobility, and to offer Pilates for children.



### To refer a child patient for private treatment:

- **Self-pay referrals**  
Please call **020 3582 9873** or email a referral letter to: [selfpay@theholly.com](mailto:selfpay@theholly.com)
- **Private medical insurance referrals**  
Please call **020 8936 1201** or email a referral letter to: [appointments@theholly.com](mailto:appointments@theholly.com)

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation (GDPR). Please use the secure email address above and do not send the referral letter through our website.

The Holly Private Hospital does not treat NHS patients under the age of 18 years.



# Do you know we offer the following **NHS** services at The Holly Private Hospital?



## NHS e-Referral Service

The Holly Private Hospital is part of the Aspen Healthcare Group. When you make a referral, please search for

**'Aspen'** and then choose **'The Holly'** from the drop-down list.

## Ear, Nose and Throat (ENT)

### Conditions treated:

- Earache
- Ear infections
- Glue ear
- Otitis media
- Ménière's disease
- Mastoiditis
- Nasal polyps
- Nose bleeds
- Smell disorders
- Sore throat
- Tonsillitis
- Adenoid disease
- Thyroid disease

### Procedures performed:

- Functional endoscopic sinus surgery (FESS)
- Excision of nasal polyps
- Tonsillectomy
- Adenoidectomy
- Thyroidectomy

## General surgery

### Conditions treated:

- Cholecystitis
- Hernia
- Lumps, bumps and lipomas

### Procedures performed:

- Open/Laparoscopic cholecystectomy
- Open/Laparoscopic hernia repair
- Excision and biopsy of lumps, bumps and lipomas

## Gynaecology

### Conditions treated:

- Fibroids
- Menorrhagia
- Ovarian cyst
- Bartholin's cyst
- Abscess
- Post-menopausal bleeding
- Intermenstrual bleeding and irregular bleeding
- Menopause
- Vulval and perineal lesions
- Menstrual disorders
- Endometriosis
- Pelvic floor dysfunction
- Pelvic pain
- Lichen sclerosus et atrophicus
- Dyspareunia

### Procedures performed:

- Total abdominal hysterectomy and/or bilateral salpingo-oophorectomy (TAH-BSO)
- Laparoscopic assisted vaginal hysterectomy (LAVH)
- Mirena coil insertion
- Anterior/Posterior repair
- Ovarian cystectomy
- Hysteroscopy
- Vaginal hysterectomy

## Urogynaecology

### Conditions treated:

- Stress incontinence
- Prolapse/Genital prolapse
- Cystitis
- Cystocele
- Detrusor instability
- Enterocele
- Rectocele

### Procedures performed:

- Total abdominal hysterectomy and/or bilateral salpingo-oophorectomy (TAH-BSO)

- Laparoscopic assisted vaginal hysterectomy (LAVH)
- Anterior and/or posterior repair
- Perineal repair
- Vaginal hysterectomy

## Pain management

### Conditions treated:

- Musculoskeletal pain
- Spinal pain
- Neuropathic pain
- Fibromyalgia
- Pelvic pain
- Complex regional pain syndrome (CRPS)
- Failed back surgery syndrome (FBSS)
- Acute and chronic back pain

### Procedures performed:

- Spinal injections (epidural and facet joint injections)
- Sacroiliac joint injections
- Trigger point injections
- Radiofrequency denervation

## Ophthalmology

### Conditions treated:

- Cataract
- Lens opacity
- Lenticular opacity
- Nuclear cataract

### Procedures performed:

- Extraction of lens
- Prosthesis of lens
- Phacoemulsification and lens implant
- All procedures conducted under laser ablation

## Orthopaedics

### Shoulder and elbow

#### Conditions treated:

- Arthritis of the shoulder or elbow
- Rotator cuff problems
- Shoulder or elbow pain
- Tennis elbow
- Osteoarthritis
- Frozen shoulder
- Nerve entrapment
- Bursitis
- Recurrent shoulder dislocation

### Procedures performed:

- Shoulder replacement
- Rotator cuff repair

### Spine

#### Conditions treated:

- Back pain and poor mobility due to back pain
- Herniated or prolapsed disc
- Narrowing of the spinal cord
- Sciatica
- Spinal deformity (adult)
- Radiculopathy
- Trapped nerves

### Procedures performed:

- Discectomy or microdiscectomy
- Spinal decompression
- Excision of the coccyx
- Facet joint injections
- Facet and nerve blocks
- Epidural injections
- Radiofrequency denervation
- Laminectomy
- Spine stabilisation
- Manipulation of the spine

### Hand and Wrist

#### Conditions treated:

- Trigger finger
- Ganglion
- Carpal tunnel syndrome
- Cumulative trauma disorder (CTD)
- Dupuytren's contracture

### Procedures performed:

- Trigger finger release
- Excision of ganglion

### Hip

#### Conditions treated:

- Osteoarthritis
- Hip pain
- Restriction in movement

### Procedures performed:

- Primary hip replacement
- Revision hip replacement
- Birmingham hip resurfacing

## Knee

### Conditions treated:

- Arthritis
- Meniscus tear
- Knee pain
- Anterior cruciate ligament (ACL) injury
- Sports injury
- Osteoarthritis
- Knee trauma

### Procedures performed:

- Knee replacement
- Knee arthroscopy
- Meniscectomy
- Anterior cruciate ligament (ACL) repair

## Foot and Ankle

### Conditions treated:

- Arthritis
- Ankle and foot pain
- Forefoot deformities
- Bunions/Hallux valgus
- Morton's neuroma
- Hammer toes
- Ganglions
- Lumps and bumps
- Bone spurs

### Procedures performed:

- Ankle arthroscopy
- Joint replacement
- Bunionectomy/Hallux valgus correction
- Excision of Morton's neuroma
- Toe amputation
- Hammer toe correction
- Excision of ganglion
- Targeted joint injections

## Rheumatology

### Conditions diagnosed:

- Soft tissue problems, including:
  - golfer's elbow
  - tennis elbow
  - rotator cuff tendonitis
  - shoulder impingement syndrome
  - Achilles tendonitis
  - plantar fasciitis
- Osteoarthritis
- Carpometacarpal (CMC) osteoarthritis
- Cervical spondylosis
- Back pain
- Fibromyalgia
- Gout
- Carpal tunnel syndrome
- Trigger finger
- Knee pain
- Trochanteric bursitis
- Polymyalgia rheumatica
- Osteoporosis
- Tendonitis and bursitis
- Hypermobility
- Primary Raynaud's phenomenon

## Exclusions:

- Patients with conditions assessed as ASA Level 3 or 4
- Patient who require continuous positive airway pressure (CPAP)
- Patients with a body mass index (BMI) over 40
- Patients under the age 18



## Referring **NHS** patients to The Holly Private Hospital

At The Holly Private Hospital, we welcome NHS patients and aim to provide the best quality treatment. We can offer your patients fast and easy access to NHS pathways. Our hospital is easily accessible from Central London and the surrounding areas. We pride ourselves on high standards of care and a friendly atmosphere.

We currently offer these specialist services under the NHS Patient Choice scheme:

- Ear, nose and throat (ENT) services
- General surgery (including gallbladder, hernia, lumps and bumps)
- Gynaecology and Urogynaecology
- Pain management
- Ophthalmology
- Orthopaedics (shoulder and elbow, spine, hand and wrist, hip, knee, foot and ankle)
- Rheumatology

### How to make an NHS e-Referral Service booking at The Holly

You can refer NHS patients to us and select the date and location of their appointment while they are at your GP practice. To book an appointment at The Holly Private Hospital, please select '**Aspen**' and then choose '**The Holly**' from the drop-down list. For more information, please visit [digital.nhs.uk/services/e-referral-service](https://digital.nhs.uk/services/e-referral-service)

When you have created login details, your patients can also make an appointment with us themselves for the services under the NHS Patient Choice scheme. They can do this on the NHS e-Referral Service booking website at [refer.nhs.uk/login](https://refer.nhs.uk/login)

If you or your patients have any questions about NHS e-Referral at The Holly Private Hospital, please call **020 8936 1253** or email [hollyreferrals@nhs.net](mailto:hollyreferrals@nhs.net)

### NHS e-Referral Service

The Holly Private Hospital is part of the Aspen Healthcare Group. When you make a referral, please search for

**'Aspen'** and then choose **'The Holly'** from the drop-down list.

## Self-pay, private medical insurance, diagnostic and physiotherapy referrals

Patients can refer themselves to The Holly Private Hospital for screening services or services at the physiotherapy and sports injuries clinic. In other cases, referring your patients to our hospital is quick and easy.

### Self-pay referrals

#### All-inclusive price packages

Wherever possible, we offer self-funding patients an all-inclusive price package. This covers all treatment costs, such as the consultant's operating charges, anaesthetist's fees, hospital care and stay, and aftercare. Patients know exactly what they will pay before their treatment.

#### Making a self-pay referral

If you would like to refer a patient for private treatment, you can email a referral letter to [selfpay@theholly.com](mailto:selfpay@theholly.com)

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation (GDPR). Please use the secure email address above and do not send the referral letter through our website.

Patients can find out more about self-pay, prices and appointments by visiting: [www.theholly.com/selfpay](https://www.theholly.com/selfpay) Alternatively, they can speak to our friendly self-pay advisers by calling **020 3582 9873** or emailing [selfpay@theholly.com](mailto:selfpay@theholly.com)

### Private medical insurance referrals

The Holly Private Hospital is accredited by, and has direct settlement agreements with, most major private medical health insurance companies. This includes BUPA and AXA Health.

To refer a patient with private medical insurance, please call **020 8936 1201** or email a referral letter to [appointments@theholly.com](mailto:appointments@theholly.com)

Your patients should check with their private medical health insurance company before booking any treatment.



### Diagnostic referrals

You can refer self-funded or insured patients for a wide range of diagnostic imaging, including X-ray, ultrasound, MRI and CT scans. To make a referral, please download a referral form from [theholly.com/gp-zone/referral-information](https://theholly.com/gp-zone/referral-information) You can either:

- email the completed, signed form securely to: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)
- give the completed, signed form to your patients and ask them to make their own appointment by calling **020 8936 1202** or emailing the form to: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)

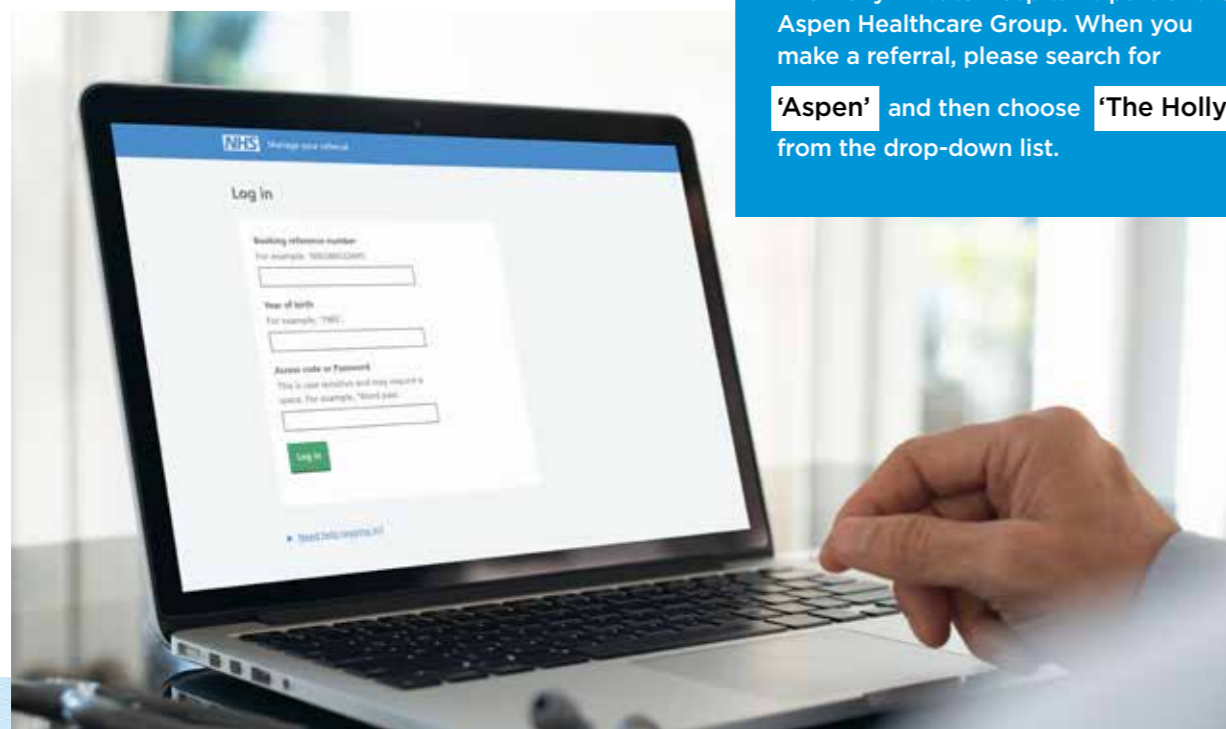
You cannot refer NHS patients directly for diagnostic imaging at The Holly Private Hospital.

### Physiotherapy referrals

To refer self-funded or insured patients for physiotherapy, you can:

- email [PhysiotherapyDepartment@TheHolly.com](mailto:PhysiotherapyDepartment@TheHolly.com)
- phone us on **020 8936 1210**
- post your referral letter to: Physiotherapy Department, The Holly Private Hospital, High Road, Buckhurst Hill, Essex IG9 5HX

Patients who are self-funding or have private medical insurance can also refer themselves directly for general physiotherapy or sports injury treatment. They can use the email address or phone number above.





## Our free CPD events and training for GPs, medical and practice staff

**We know that continuing professional development (CPD) is important to you. For this reason, we invest in running CPD educational events on many different clinical subjects. Our educational events are free to attend. All delegates get a certificate of attendance, which is evidence of CPD training.**

Due to the coronavirus (Covid-19) pandemic, we regret that we have been unable to offer our usual range of training and events in 2020-2021.

At present, we are considering new ways to deliver our CPD training and events. We will be in touch when we can offer you this service again. If you would like an update in the meantime, please email our GP Liaison Officer Shabnam Rashid: [shabnam.rashid@theholly.com](mailto:shabnam.rashid@theholly.com)

**As soon as possible, we hope to offer you and your practice:**

### **Educational events at your surgery**

One of our consultants can visit your local surgery to update you and your colleagues on a subject of interest. We can arrange free Lunch and Learn events at a time that suits you. Some of the specialities that we can cover include:

- Dermatology
- Ear, nose and throat (ENT)
- Gastroenterology
- General surgery
- Gynaecology and breast care
- Ophthalmology
- Orthopaedics
- Paediatrics
- Pain management
- Urology

When we resume these events, you can contact our GP Liaison Officer if you want to learn about a specific topic or meet a particular consultant. We will do our best to facilitate your requests.

### **GP seminars**

The Holly Private Hospital will run a full programme of CPD seminars and training events for local GPs and other healthcare professionals. This will include regular Saturday seminars.

Our GP Liaison Officer will give details of all future events. You can sign up to our mailing list to ensure that you are kept up to date with the latest events and hospital news.

### **Basic life support training**

The Holly Private Hospital can offer basic life support training to our local GPs. When this training resumes, it will take place once a month with morning and afternoon sessions available and last about two hours. We will give you a certificate of attendance.

There will be nine places for each course and these will be allocated on a first come, first served basis. You can contact our GP Liaison Officer in future to book your place.





# Supporting the **NHS** during the coronavirus (Covid-19) pandemic

The coronavirus (Covid-19) pandemic is the greatest challenge that the NHS has faced in history. During this national emergency, The Holly Private Hospital and parent company Aspen Healthcare Ltd have strived to reduce the strain on the health service. We have united with the NHS to make more hospital beds, healthcare staff and equipment urgently available to help save lives.

## Partnership working

In March 2020, NHS England announced an historic partnership agreement with almost 30 independent hospital groups including Aspen Healthcare Ltd. Under the partnership, The Holly Private Hospital committed its full capacity to the NHS. This included over 370 staff, 42 inpatient beds and vital hospital equipment.

We have also focused on protecting our patients and staff from coronavirus. In line with official guidelines, we have introduced extra health and safety risk assessments, infection control measures and staff training.

Our response to the pandemic was highlighted at the UK Customer Experience Awards 2020, where Aspen Healthcare won a gold award.

## There are three main ways that we have worked closely with local NHS services during the pandemic:

- **Caring for NHS patients at The Holly Private Hospital:** We supported Barts Health and Barking, Havering and Redbridge (BHR) University Hospitals NHS Trusts by caring for non-coronavirus patients with urgent needs. Our hospital provided NHS patients in the local community with time-critical surgery and treatment. This covered a range of specialities, including urology, endoscopy, pain management, general surgery and spinal cases. We also ran outpatient ophthalmology services for the BHR Trust and handled outpatient urology cases for Whipps Cross Hospital.

- **Supporting NHS staff:** 50 Aspen Healthcare staff, including some based at The Holly Private Hospital, volunteered to work on NHS wards in the Nightingale Hospital. To boost the morale of NHS staff treating coronavirus patients, we donated 160 'pamper packs' to Whipps Cross and Princess Alexandra Hospitals. These packs included toiletries, stationery, sweets and a personalised card to thank local NHS colleagues for their efforts.
- **Transferring essential equipment to the NHS:** At the beginning of the pandemic, we loaned five life-saving anaesthetic machines to Whipps Cross Hospital. With the British Army's help, we then transferred four volumetric pumps to King's College Hospital. These pumps can deliver continuous, precise amounts of fluids or medication to coronavirus patients. We also supplied Whipps Cross Hospital with theatre scrubs and made personal protective equipment available to a GP practice in Bishop's Stortford for Covid-19 testing.

The Holly Private Hospital's resources have played an important role in helping the NHS respond to the coronavirus crisis. We have continued to offer support in 2021. David Henderson, our Hospital Director, says, 'We all know what pressure the NHS is under and we're very pleased as an independent healthcare provider to be doing our bit. We're absolutely determined to provide whatever support the NHS needs and will continue to help the health service for as long as it takes.'





A professional man with a friendly smile, wearing a grey suit jacket over a light blue shirt, is seated at a glass desk. He is holding a pair of glasses in his left hand and has his right hand near a tablet computer. On the desk, there is also a smartphone and a notebook with a pen. The background is a bright, blurred office setting with large windows. A decorative geometric pattern is visible on the right side of the page.

## Consultant directory



## AUDIOLOGY



**Mrs Indira Gadhvi** BAAT (Parts 1 and 2), RCCP affiliated  
Audiologist

**Main NHS base:** Private practice

**Clinical interests:** Hearing tests



**Dr Kinjal Mehta** PhD, BSc (Hons), RAHD <sup>P</sup>  
Audiologist and Hearing Aid Dispenser

**Main NHS base:** Whittington Health NHS Trust

**Clinical interests:** Hearing loss assessment and management for adults and children of all ages, Prescribing hearing aids, Taking ear impressions



**Mrs Natalie Shnieder** BSc (Logopaedics) Audiology and Speech  
and Language Therapy <sup>P</sup>  
Clinical Audiologist and Hearing Aid Dispenser

**Main NHS base:** Private practice

**Clinical interests:** Adults and paediatric hearing tests (3.5 yrs+), Tympanometry, Reflex testing, Otosclerosis, Eustachian tube dysfunction, Dizziness, Balance disorders, Tinnitus, Hearing aids, Swim moulds

## BREAST SURGERY



**Ms Shweta Aggarwal** MBBS, MS, FRCS Eng (Plast)  
Consultant Oncoplastic Breast Surgeon

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Breast cancer, Skin cancer, Breast reconstruction, Oncoplastic breast surgery, Breast reduction, Fat grafting, Benign breast diseases, Breast lumps, Fibroadenomas



**Mr Howard Bradpiece** FRCS  
Consultant Breast and General Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Benign and malignant conditions, One-step and intra-operative sentinel node sampling, Reconstructive breast surgery



**Dr Tasha Gandamihardja** BSc, MBBS, MEd, PhD, FRCS  
Consultant Oncoplastic Breast Surgeon

**Main NHS base:** Mid Essex Hospital Services NHS Trust

**Clinical interests:** Breast pain, Breast lumps, Benign breast conditions, Breast cancer and reconstruction surgery, Oncoplastic breast surgery, One-stop breast clinic



**Mr Steven Snooks** MBBS, MD, FRCS, LLB (Hons)  
Consultant Breast and General Surgeon

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Breast and skin surgery



**Mr MD Zaker Ullah** MBBS, FRCS (Ed), FRCS (Gen)  
Consultant Breast and General Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Breast surgery: oncoplastic breast surgery providing a one-stop service for benign and malignant breast diseases

## CARDIOLOGY



**Dr Rajiv Amersey** MBBS, MD, MRCP  
Consultant Cardiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cardiology, interventional cardiology and general cardiology, Chest pain assessment



**Dr Sandy Gupta** MD, FRCP  
Consultant Cardiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** All aspects of clinical cardiology, Echocardiography, Coronary artery disease, Invasive coronary angiography, Pacemakers



**Mr Kulvinder Lall** MBBS, FRCS (Lon), FRCS (CTh)  
Consultant Cardiothoracic Surgeon

**Main NHS base:** St Bartholomew's Hospital, Barts Health NHS Trust

**Clinical interests:** Coronary artery bypass surgery, Heart valve surgery, Aortic surgery, Minimal access heart surgery



**Dr Costas O'Mahony** BSc, MBBS, FRCP (UK), MD (Res)  
Consultant Cardiologist

**Main NHS base:** St Bartholomew's Hospital, Barts Heart Centre and Whipps Cross Hospital

**Clinical interests:** High blood pressure, High cholesterol, Atrial fibrillation, Coronary artery disease, Stents, Heart failure, Valve disease, Hypertrophic cardiomyopathy, Dilated cardiomyopathy



**Dr Debashis Roy** MBBS, BSc, FRCP, MD  
Consultant Cardiologist with a special interest in cardiac pacing

**Main NHS base:** The Princess Alexandra Hospital and The Essex Cardiothoracic Centre

**Clinical interests:** All aspects of clinical cardiology including management of arrhythmias and heart failure, Special interest in pacemaker and ICD/CRT implantation



**Dr Anil Taneja** BSc (distn), MBBS, FRCP (Lon), FRCP (Edin), MRCPI (Ire),  
MSc (distn-Imperial), FESC, MD (Imperial-Lon)  
Consultant Cardiologist

**Main NHS base:** Barts Healthcare NHS Trust

**Clinical interests:** General cardiology, Echocardiography, Nuclear cardiology, Hypertension, Heart failure, General medicine, Acute medicine, Palpitations, Chest pain, Breathlessness, Cardiovascular prevention, Hypercholesterolaemia



## CARDIOLOGY (CONT)



**Prof Mark Westwood** MBBS, MD, FRCP, FESC  
Consultant Cardiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cardiac MRI, Cardiac CT, Cardio-oncology, General cardiology (remote reporting only)

## CLINICAL IMMUNOLOGY AND ALLERGY



**Dr Timothy Watts** BSc, MBBS, MRCP  
Consultant Physician in Adult Allergy

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** All aspects of adult allergy diagnosis and management

## COLORECTAL SURGERY



**Mr Adnan Alam** MBBS, MS, FRCS (Ed), FRCS (Glasg), FRCS (Gen Surg)  
Consultant Colorectal and General Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Bowel cancer and polyps, Crohn's disease and ulcerative colitis, Diverticular disease of the bowel, IBS, Investigation and treatment of anorectal conditions



**Mr Nadeem Ashraf** MB ChB, MD, FRCPs  
Consultant General and Colorectal Surgeon

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Hernias, Gallstones, Haemorrhoids, Anal fistula/fissure, Crohn's disease, Ulcerative colitis, Bowel cancer, Rectal bleeding, Diarrhoea, Constipation, Abdominal pain, Gastroscopy, Colonoscopy



**Mr Pasquale Giordano** MD, FRCS, FRCS (Ed)  
Consultant Colorectal and General Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Colorectal surgery, Laparoscopic surgery, Bowel cancer, Endoscopy, Colonoscopy, Haemorrhoids, Anal fistula, Proctology, Faecal incontinence, Pelvic floor, Hernia, Complex hernia, Gallstones



**Mr Michael Machesney** MB ChB, MS (Lon), FRCS (Eng), FRCS (Gen Surg)  
Consultant Colorectal and General Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Open and laparoscopic surgery for bowel cancer, Diverticular disease, Inflammatory bowel disease, Colonoscopy, Haemorrhoids, Fistula, Fissure, Pilonidal sinus



**Mr Hitesh Patel** MB ChB, MS (Lon), FRCS (Eng), FRCS (Gen Surg)  
Consultant General and Colorectal Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Bowel cancer, Hernia surgery, Gallstones, Colonoscopy, Haemorrhoids, Anal fistula/fissures, Pilonidal sinus disease, HALO procedure, Muscle relaxant injections for unhealed anal fissures



**Mr Mrinal Saharay** PhD, FRCS  
Consultant Colorectal and General Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Colorectal surgery, including haemorrhoids and rectal prolapse

## COSMETIC AND PLASTIC SURGERY



**Mr Miles Banwell** FRCS (Plast), PhD, MSc (Aesth Surg)  
Consultant Plastic, Reconstructive and Aesthetic Surgeon

**Main NHS base:** St Andrews Centre for Plastic Surgery and Burns, Broomfield Hospital, Chelmsford

**Clinical interests:** Rhinoplasty/Revision rhinoplasty, Cosmetic eyelid surgery, Cosmetic breast surgery, Tummy tuck/Liposuction, Local anaesthetic skin cancer, mole and cyst removal



**Mr Nigel Carver** BSc, MBBS, MS, FRCS, FRCS (Plast)  
Consultant Plastic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Rhinoplasty, Facelift, Eyelid reduction, Breast implants, Breast uplift and breast reduction, Abdominoplasty, Liposuction, Labiaplasty, Arm reduction, Thigh reduction



**Mr Jagdeep Chana** BSc, MBBS, MD, FRCS (Plast)  
Consultant Plastic Surgeon

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Cosmetic breast surgery, Reconstruction surgery, Facial surgery, Rhinology



**Mr Garrick Georgeu** MB ChB, MSc, FRCS (Plast)  
Aesthetic Plastic surgeon

**Main NHS base:** Private practice

**Clinical interests:** Full range of aesthetic surgery including: All breast surgery, Brazilian tummy tuck, Mommy makeovers, Liposuction, Eyelids, Rhinoplasty, Facelift, Necklift-Ellevate®



**Mr Mark Ho-Asjoe** MB BCh, FRCS, FRCS (Plast)  
Consultant Plastic Surgeon

**Main NHS base:** Guy's and St Thomas' NHS Foundation Trust

**Clinical interests:** Aesthetic breast surgery, Breast reconstruction, Abdominoplasty, Liposuction, Facial aesthetic including rhinoplasty and eyelid surgery, Labiaplasty



**Ms Caroline Payne** BSc (Hons), MSc, FRCS (Eng), FRCS (Plast)  
Consultant Plastic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cosmetic breast surgery including augmentation, reduction, uplift, asymmetry correction, fat filling and nipple inversion, Abdominoplasty, Brachioplasty, Liposuction, Mole removal, Scar revision



## COSMETIC AND PLASTIC SURGERY (CONT)



**Mr Mohamed Shibu** MBS, FRCS, FRCS (Plast) **P**  
Consultant Plastic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cosmetic surgery including: Facelifts, Breast, Liposuction, Abdominoplasty, Nose, Eyes, Botulinum toxin injections, Dermal fillers

## COUNSELLING



**Mrs Lesley Smith** BA (Hons), MBACP (Accred), UKRCP registered  
Counsellor

**Main NHS base:** Private practice

**Clinical interests:** Bereavement, Loss, Employment issues, Relationship issues, Stress, Anxiety, Panic attacks, Depression, Any issue causing distress

## DERMATOLOGY



**Dr Anthony Bewley** BA (Hons), FRCP **P**  
Consultant Dermatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Skin lumps and bumps and skin cancer, Psoriasis, eczema and acne, Psychological issues in dermatology, Scalp diseases



**Dr Simon Davison** BSc, MBBS, MRCP **P**  
Consultant Dermatologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Psoriasis, Eczema, Acne, Rosacea, Urticaria, Skin allergy, Skin cancer and moles



**Dr Karen Gibbon** MB ChB, FRCP **P**  
Consultant Dermatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General dermatology (adults and children), Skin cancer, Vulval dermatology



**Dr Fawad Hussain** MBBS, MRCP (Lon), MRCP (Dermatology)  
Consultant Dermatologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Skin cancer and skin surgery, Acne, Eczema, Psoriasis, Inflammatory skin diseases, Cosmetic dermatology



**Dr Namita Jasani** MBBS, MRCP, MRCP (Derm) **P**  
Consultant Dermatologist

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** General dermatology, Paediatric dermatology, Skin cancer



**Dr Amjad Khan** FRCPCH, FRCP (Glasg), FRCP (Edin), MSc (Dermatology) **P**  
Consultant Dermatologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Paediatric dermatology including: Difficult eczema, Psoriasis, Acne, Birthmarks, Excessive sweating, Skin infections



**Dr Jack Mann** MBBS, MRCP (Derm), MRCP (UK), BSc (Hons)  
Consultant Dermatologist

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Skin cancer, Mohs micrographic surgery, Mole assessment and excision, Complex facial excisions and repairs, including flaps and grafts



**Dr David Paige** MBBS, MA, FRCP **P**  
Consultant Dermatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General dermatology, Paediatric dermatology, Male genital dermatology, Skin cancer



**Dr Shefali Rajpopat** MBBS (Hons), BSc (Hons), MD (Res), FRCP  
Consultant Dermatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General dermatology, Acne, Skin cancer



**Dr Anshoo Sahota** BSc (Hons), MBBS, FRCP **P**  
Consultant Dermatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General dermatology, Skin surgery, Skin cancer treatment, Phototherapy, Treatment of hyperhidrosis (excess sweating)



**Dr Riadh Wakeel** FRCP (Lon), FRCP (Edin), FRCPI DipDerm (Lon) **P**  
Consultant Dermatologist

**Main NHS base:** Whittington Health NHS Trust

**Clinical interests:** General dermatology, Skin cancers, Advanced skin surgery, Paediatric dermatology

## DIETETICS



**Mrs Lara Ellison** BSc (Hons), MSc, RD  
Dietitian

**Main NHS base:** St Margaret's Hospital, The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Nutrition and dietetics, Diabetes, Weight management, Nutrition support, Allergies/Intolerances, Gastrointestinal disorders including coeliac disease, IBS and IBD



## EAR, NOSE AND THROAT



**Prof Yogesh Bajaj** MBBS, MS (ENT), DNB (ENT), DLO, MRCS, MD, FRCS (ORL-HNS) **P**  
Consultant ENT Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** All ENT conditions in adults and children including: Ear problems, Hearing loss, Sinusitis, Nasal obstruction, Glue ear, Tonsillitis, Neck lumps



**Mr Abir Bhattacharyya** MS, FRCS, FRCS (ORL-HNS), FACS **P**  
Consultant ENT Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Otolaryngology, Voice disorders, Laryngology, Rhinology, Endoscopic sinus surgery, Hearing loss, Balance disorders, Dizziness, Middle ear surgery, Paediatric otolaryngology, General ENT



**Prof Paul Chatrath** MA (Cantab), MD (Lon), FRCS (ORL-HNS) **P**  
Professor of Rhinology/Honorary Consultant ENT Surgeon

**Main NHS base:** Canterbury Christ Church University, Kent

**Clinical interests:** Rhinoplasty, Sinus surgery including balloon sinuplasty, Nasal valve problems, Pinnaplasty including minimally invasive techniques, Paediatric ENT (Tonsillectomy, Adenoidectomy, Grommets), Snoring



**Mr Nicholas Flower** MA (Cantab), MBBS, FRCS (Eng), FRCS (ORL-HNS) **P**  
Consultant ENT Surgeon

**Main NHS base:** Private practice

**Clinical interests:** All adult and paediatric ENT conditions including: Balloon endoscopic sinus surgery, Microsuction of ears, Tonsils, Adenoids, Glue ear



**Mr Anurag Jain** FRCS (ORL-HNS), FRCS (Oto), DLO, MSc, MS (Oto), PG Cert HCL (Open), MBBS **P**  
Consultant ENT (Adult and Paediatrics), Head, Neck and Thyroid Surgeon

**Main NHS base:** Queen's Hospital, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Paediatrics/Adult ENT, Head and neck surgery, Tongue tie excision, Adenotonsillectomy, Grommets, Septoplasty, Eardrum repair, Thyroid/Parotid gland/Neck lump/Sinus, Snoring/Sleep surgery, Pinnaplasty, Rhinoplasty



**Mr Samuel Jayaraj** MBBS, FRCS (Eng), FRCS (ORL-HNS) **P**  
Consultant ENT Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General and paediatric ENT, Endoscopic sinus surgery, Nasal allergy polyps, Rhinoplasty, Snoring and smell disorders, Ear drum perforations and balance disorders



**Mr Nitesh Patel** MB ChB (Hons), FRCS (Eng), FRCS (Oto), FRCS (ORL-HNS)  
Consultant ENT Surgeon

**Main NHS base:** Whipps Cross Hospital and Newham Hospital, Barts Health NHS Trust

**Clinical interests:** Adult ENT including: Hearing loss, Tinnitus, Dizziness, Ear discharge and infections, Ear pain, Ear fullness, Ear surgery



**Mr Azhar Shaida** BM BCh (Oxon), MA (Cantab), FRCS, FRCS ORL-HNS (Eng), MD (Lon) **P**  
Consultant ENT Surgeon

**Main NHS base:** Royal National ENT Hospital, University College London Hospitals NHS Foundation Trust

**Clinical interests:** Otolaryngology (Ear and hearing problems, including: Ear surgery, Dizziness, Tinnitus, Otosclerosis, Eustachian tube dysfunction, Auditory Implants), Paediatric ENT, Rhinology, Sinus surgery



**Mr Vikrant Veer** MBBS (Lon), MRCS (Eng), DO-HNS (Eng), FRCS **P**  
ENT Consultant with specialist interest in snoring, sleep apnoea and otology

**Main NHS base:** Royal National ENT Hospital (UCLH), Queen's and King George Hospital

**Clinical interests:** Snoring and sleep apnoea, Ear-related conditions (Hearing, Infections, Vertigo and Tinnitus), Tonsil problems, Nasal blockage or infections, Neck lumps

## ENDOCRINOLOGY



**Dr Rina Davison** MD, FRCP  
Consultant Endocrinologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Polycystic ovary syndrome, Hair loss and excess hair in females, Thyroid and lipid problems, Diabetes, Hypertension, Thyroid problems before and during pregnancy



**Mr Anurag Jain** FRCS (ORL-HNS), FRCS (Oto), DLO, MSc, MS (Oto), PG Cert HCL (Open), MBBS  
Consultant ENT (Adult and Paediatrics), Head, Neck and Thyroid Surgeon

**Main NHS base:** Queen's Hospital, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** All thyroid, salivary (parotid and submandibular gland) and neck lump surgery



**Dr Abdul Lakhdar** MSc, FRCPG, FRCP  
Consultant Endocrinologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Thyroid, parathyroid, adrenal and pituitary conditions, Diabetes in adults, Obesity, Lipid disorders, Hypertension, Electrolytes abnormalities, Erectile dysfunction



**Dr Khashaiar Nikookam** FRCPI  
Consultant Endocrinologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Thyroid, parathyroid, pituitary, adrenal, diabetes, obesity, erectile dysfunction and feet problems



## GASTROENTEROLOGY



**Dr Waseem Ashraf** BSc, MBBS, FRCP  
Consultant Gastroenterologist

**Main NHS base:** Private practice

**Clinical interests:** Endoscopy, Colonoscopy, ERCP and capsule endoscopy, Acid reflux, Indigestion, IBS, Ulcerative colitis, Crohn's disease, Liver, gallbladder and pancreas disorders, Colon cancer assessment



**Dr Elizabeth Carty** MD, FRCP  
Consultant Gastroenterologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Gastroscopy, Flexible sigmoidoscopy, Colonoscopy, Ulcerative colitis, Crohn's disease, Inflammatory bowel disease, Irritable bowel syndrome, Indigestion and heartburn



**Dr Ralph Greaves** MD, FRCP  
Consultant Gastroenterologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General gastroenterology, Hepatobiliary medicine, Liver disease, Endoscopy, Bowel cancer screening



**Dr Syed Hoque** FRCP, PhD (Edin), FRCPE, FACG, AGAF  
Lead Gastroenterologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** IBD (Crohn's disease, Ulcerative colitis), IBS, Dyspepsia, Barrett's oesophagus, Fatty liver, Colonoscopy and polypectomy, Gut bacteria, Nutrition



**Dr Edward Stoner** MD, FRCP <sup>P</sup>  
Consultant Gastroenterologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Diagnostic and therapeutic endoscopy, Colonoscopy, ERCP, Inflammatory bowel disease, Irritable bowel syndrome, Capsule endoscopy



**Dr Sudeep Tanwar** MBBS (Lon), MRCP (UK), MRCP (Lon), FEBGH, PhD (UCL)  
Consultant Gastroenterologist and Hepatologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Advanced endoscopy, Gastrointestinal bleeding, Barrett's oesophagus, Reflux and dyspepsia, Coeliac disease, IBD, IBS, Liver disease, Pancreatitis, Jaundice, Gallbladder disease



**Dr Alan Watson** MA, MB BChir, MRCP, PhD  
Consultant Gastroenterologist and General Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Endoscopy, Colonoscopy, Ulcerative colitis, Crohn's disease, Dyspepsia (indigestion), Acid reflux (heartburn), Intestinal tumours, Irritable bowel syndrome (IBS)

## GENERAL MEDICINE



**Dr Saurabh Chaudhri** MBBS, MRCP (UK), MRCP Nephrology, MD  
Consultant Nephrologist and Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Hypertension, Acute kidney injury, Chronic kidney disease, Diabetic renal disease, Metabolic stone disease, General nephrology



**Dr Simon Donnelly** FRCP  
Consultant Rheumatologist and Sports Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Work on the NHS as an acute physician to manage all difficult medical referrals from primary care over 20 years



**Dr Ajith James** MBBS, MSc, FRCP  
Consultant Physician and Nephrologist

**Main NHS base:** The Royal London Hospital and King George Hospital

**Clinical interests:** Acute kidney injury, Chronic kidney disease, Glomerulonephritis, Nephrotic syndrome, Lupus nephritis, Vasculitis, Renal anaemia, Hypertension, Haematuria, Proteinuria, Renal stone disease



**Dr Ali Mohammed** MB ChB, FRCP (Edin)  
Consultant General and Respiratory Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Asthma and COPD, Pleural diseases and respiratory infections, Lung cancer, Bronchiectasis, Interstitial and occupational lung diseases, Sleep disorders and snoring



**Dr Murugiah Seevaratnam** FRCP  
Consultant General Physician

**Main NHS base:** Private practice

**Clinical interests:** Acute medical illness, Geriatric medicine, TIA, Respiratory illness and diseases, Hypertension, Giddiness, Blackouts, Cardiovascular medicine, Diabetes management, UTIs, Medical admissions

## GENERAL PRACTICE



**Dr Iffat Azim** MBBS, MPH  
Private General Practitioner

**Main NHS base:** Private practice

**Clinical interests:** All areas of general practice, including: Women's health, Headaches and Health promotion



**Dr Dev Bhatt** MB ChB, MRCGP, MAAFP, MAcadMed, DGM, DRCOG, DCH <sup>P</sup>  
General Practitioner

**Main NHS base:** Private practice

**Clinical interests:** General medical practice, Men's health, Wellness, Wellbeing, Holistic care



## GENERAL PRACTICE (CONT)



**Dr Gina Chana** MBBS, MRCGP (2009), FRACGP, JCCA, PGdipCard **P**  
General Practitioner

**Main NHS base:** Caithness General Hospital and Watford General Hospital

**Clinical interests:** All areas of general medicine, acute medicine and cardiovascular medicine



**Dr Faye Dannhauser** MA, MBBS, MRCP, MRCGP **P**  
General Practitioner

**Main NHS base:** Abridge Surgery, Romford, Essex

**Clinical interests:** Complex and chronic medical conditions, including: Heart disease, Diabetes, Respiratory issues, Gastrointestinal complaints, Musculoskeletal disorders, Health promotion and lifestyle advice



**Dr Jane Edmunds** MBBS, MRCP (Paediatrics), MRCGP, DRCOG **P**  
General Practitioner

**Main NHS base:** Locum for NHS West Essex Clinical Commissioning Group practices

**Clinical interests:** Paediatrics and all aspects of general practice



**Dr Henry Grundy-Wheeler** MBBS, MRCGP **P**  
General Practitioner

**Main NHS base:** Private practice

**Clinical interests:** All areas of general practice, including chronic disease management, Men's health, Sports and exercise medicine



**Dr Susan Iles** BM 1980  
General Practitioner

**Main NHS base:** Private practice

**Clinical interests:** Women's health, Cardiovascular medicine



**Dr Jyotika Kohli** MBBS **P**  
General Practitioner

**Main NHS base:** Upton Lane Medical Centre, London

**Clinical interests:** Women's health



**Dr Hemali Parekh** MRCGP, MBBS, BSc (Hons), DCH, DFFP, DRCOG, DipBSLM/IBLM, PGCert (MedEd) **P**  
Portfolio General Practitioner

**Main NHS base:** NHS West Essex Clinical Commissioning Group

**Clinical interests:** Experience in all aspects of general practice, including women's health and children's health, with a particular interest in lifestyle medicine



**Dr Susan Rogers-Weedon** MBBS **P**  
General Practitioner

**Main NHS base:** The Princess Alexandra Hospital NHS Trust and Barts Health NHS Trust

**Clinical interests:** General neurology, Headaches, Epilepsy



**Dr Manminder Sandhu** MA (Cambridge), MBBS, DGM, DFSRH, MRCGP **P**  
General Practitioner

**Main NHS base:** Deal Tree Health Centre, Brentwood

**Clinical interests:** Women's health, Contraception and family planning, Complex medical and holistic care of older patients, Paediatrics, IUD/Implant, Smears, Ring pessary, Health screening



**Dr Sushma Shah** MBBS, Dip Obst **P**  
General Practitioner

**Main NHS base:** Goodmayes Medical Centre, Ilford

**Clinical interests:** Women's health

## GENERAL SURGERY



**Mr Sanjay Agrawal** MBBS, MS, FRCS (Ed), FRCS (Glasg), FRCS (Gen Surg)  
Consultant Bariatric and General Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Laparoscopic surgery, Gallstone treatment, Gallbladder removal (cholecystectomy), Hernia repair, Inguinal hernia repair, Incisional hernia repair, Umbilical (belly button) hernia repair, Gastroscopy



**Mr Adnan Alam** MBBS, MS, FRCS (Ed), FRCS (Glasg), FRCS (Gen Surg)  
Consultant Colorectal and General Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Laparoscopic hernia repairs, Laparoscopic cholecystectomy, Anti-reflux surgery for heartburn/gastro-oesophageal reflux disease (GORD), Advanced laparoscopic surgery



**Mr Stefano Andreani** MD, FRCS (Ed), FRCS (Gen), MSc  
Consultant Colorectal and General Surgeon

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Coloproctology (Fistulas, Haemorrhoids, Fissure, Pilonidal sinus), Endoscopy: Colonoscopy, Gastroscopy and Flexible sigmoidoscopy



**Mr Nadeem Ashraf** MB ChB, MD, FRCPS  
Consultant General and Colorectal Surgeon

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Hernias, Gallstones, Haemorrhoids, Anal fistula/fissure, Crohn's disease, Ulcerative colitis, Bowel cancer, Rectal bleeding, Diarrhoea, Constipation, Abdominal pain, Gastroscopy, Colonoscopy



## GENERAL SURGERY (CONT)



**Mr Abraham Botha** MD, FRCS  
Consultant General Surgeon

**Main NHS base:** Guy's and St Thomas' NHS Foundation Trust

**Clinical interests:** General surgery: Oesophago-gastric cancer, Anti-reflux surgery, Gallstones, Hernias, Laparoscopic surgery



**Mr Howard Bradpiece** FRCS  
Consultant Breast and General Surgeon

**Main NHS base:** Private practice

**Clinical interests:** General surgery: Gallbladder surgery, Laparoscopic surgery and Hernia surgery



**Mr Stephen Brearley** MA, MB MChir, FRCS **P**  
Consultant General and Vascular Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General surgery, Hernia, Laparoscopic cholecystectomy, Arterial surgery and aneurysms, Varicose veins, Hyperhidrosis (sympathectomy), Paediatric surgery



**Mr James Crinnion** MD, FRCS  
Consultant General and Vascular Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Vascular and endocrine surgery, Laparoscopic cholecystectomy, Hernia repair, Cosmetic venous treatment and endovenous laser surgery, Thyroid surgery



**Mr Pasquale Giordano** MD, FRCS, FRCS (Ed)  
Consultant Colorectal and General Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Colorectal surgery, Laparoscopic surgery, Bowel cancer, Endoscopy, Colonoscopy, Haemorrhoids, Anal fistula, Proctology, Faecal incontinence, Pelvic floor, Hernia, Complex hernia, Gallstones



**Mr Sabu Jacob** MBBS, FRCS, FRCS (Gen)  
Consultant General and Vascular Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Varicose veins including VNUS Closure™ procedure, Laparoscopic hernia repair, Laparoscopic gallbladder surgery



**Mr Yashwant Koak** MS, FRCS (Eng), FRCS (Gen), MDCH  
Consultant Bariatric and General Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** General surgery, Laparoscopic surgery, Upper GI surgery, Single-port surgery, Endoscopy, Medical hypnosis



**Mr Michael Machesney** BSc, MD, FRCS  
Consultant General and Colorectal Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Open and laparoscopic surgery for abdominal and groin hernia and gallstones, Appendectomy, Minor operations for cysts and lipomas, Gastroscopy



**Mr Hitesh Patel** MB ChB, MS (Lon), FRCS (Eng), FRCS (Gen Surg)  
Consultant General and Colorectal Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Bowel cancer, Hernia surgery, Gallstones, Colonoscopy, Haemorrhoids, Anal fistula/fissures, Pilonidal sinus disease, HALO procedure, Muscle relaxant injections for unhealed anal fissures



**Mr Ashish Rohatgi** MBBS, FRCS  
Consultant Upper GI, General and Laparoscopic Surgeon

**Main NHS base:** Barts Health NHS Trust and University College London Hospitals NHS Foundation Trust

**Clinical interests:** Gallstones, Oesophagus and gastric cancer, Reflux and anti-reflux surgery, Oesophageal motility disorders, Hiatal hernia repairs, Laparoscopic surgery, General surgery, Gastroscopy



**Mr Mrinal Saharay** PhD, FRCS  
Consultant General Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** General surgery, including: Hernias, Gallstones, Laparoscopic cholecystectomy, Gastroscopy and Colonoscopy



**Mr Amit Sinha** MBBS, MS (Gen Surg), FRCS  
Consultant General and Laparoscopic Surgeon

**Main NHS base:** Newham Hospital, Barts Health NHS Trust

**Clinical interests:** Colonoscopy, Laparoscopic surgery, Gallstones, Hernia, Haemorrhoids (THD procedure), Anal canal fissure/fistula, Pilonidal sinus



**Mr Steven Snooks** MBBS, MD, FRCS, LLB (Hons)  
Consultant Breast and General Surgeon

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Breast and skin surgery



**Mr MD Zaker Ullah** MBBS, FRCS (Ed), FRCS (Gen)  
Consultant Breast and General Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General surgery: Laparoscopic surgery for gallbladder, Appendectomy and Hernia surgery



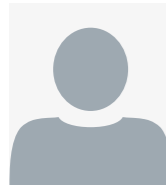
## GYNAECOLOGY



**Ms Sangeeta Agnihotri** MBBS (Lon), BSc (Hons), MRCOG  
Consultant Gynaecologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General gynaecology and obstetrics, Abnormal uterine bleeding, Menstrual and menopausal problems, PCOS, Subfertility, Fibroids, Minimal access (keyhole) surgery



**Miss Farida Bano** MBBS, FRCOG, BSCCP/RCOG Colposcopy Accreditation  
Consultant Gynaecologist and Obstetrician

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Colposcopy, Pelvic pain, Hysteroscopy and laparoscopic surgery, Early pregnancy problems, Ectopic pregnancy, Menopause/HRT, Contraception, Menstrual disorders, Prolapse, Ovarian cyst, Urogynaecology



**Mr Bashier Dawlatly** FRCOG  
Consultant Gynaecologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General gynaecology, including: Pelvic floor repair, Urogynaecology and Minimal access surgery



**Ms Nandita Deo** MBBS, MD, FRCOG, DNB, FCI, MSc (Health Care and Design)  
Consultant Obstetrician and Gynaecologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Gynaecological laparoscopy, Hysteroscopy, Colposcopy, Ultrasound, Menstrual disorders, Ovarian cysts and fibroids, Menopause, Recurrent miscarriages, Early pregnancy problems



**Mrs Sarah Hussain** MFFP, MRCS, FRCOG, PhD  
Consultant Gynaecologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Urogynaecology, Utero-vaginal repairs and incontinence procedures, Menstrual, menopausal and gynaecological endocrine disorders, Laparoscopic surgery for ovarian cysts, hysterectomies and fibroids



**Ms Rahat Khan** MBBS, MRCOG, FRCOG  
Consultant Gynaecologist and Obstetrician

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Recurrent miscarriages, Pelvic pain, Polycystic ovaries, Post-menopausal bleeding and symptoms, Heavy periods, Polyps, Cervical smear, Endometriosis, Laparoscopy, Hysteroscopy, Fertility investigations



**Mrs Premila Kollipara** FRCOG  
Consultant Gynaecologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Gynaecological endoscopy, ultrasound and colposcopy, Urogynaecology, Menstrual disorders, Hysteroscopy, Paediatric and adolescent gynaecology



**Ms Désirée Kolomainen** BSc (Hons), MRCOG  
Consultant Gynaecologist and Gynaecological Oncologist

**Main NHS base:** Southend University Hospital NHS Foundation Trust

**Clinical interests:** Gynaecological cancer, Laparoscopic surgery, Colposcopy, Abnormal smears, Abnormal bleeding, Ovarian cysts, Vulval disease, Menopause, Well woman health checks



**Dr Roopa Nair** MBBS, MD, FRCOG, MCh (Minimally invasive surgery) (Anglia Ruskin), DNB, DFFP  
Consultant Gynaecologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Urogynaecology (prolapse and urinary incontinence), Menstrual disorders, Fibroids, Ovarian cysts, General gynaecology, Hysterectomy, Hysteroscopy, Laparoscopy



**Mr Jimi Odejinmi** Bsc (Hons), MSc (Adv gynlapSurg), FRCOG  
Consultant Gynaecologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Advanced laparoscopic (keyhole) surgery, Endometriosis and keyhole surgery for fibroids, Pelvic floor reconstruction, Laparoscopic reversal of sterilisation, Laparoscopic myomectomy



**Ms Alpa Shah** MBBS, MD, FRCOG  
Consultant Obstetrician and Gynaecologist

**Main NHS base:** Newham Hospital, Barts Health NHS Trust

**Clinical interests:** Menopausal health, Menstrual disorders, Polycystic ovary syndrome, Fibroids, Endometriosis, Infertility, Prolapse, Vulval disease, Outpatient hysteroscopy, Open and laparoscopic surgery



**Ms Anupama Shahid** FRCOG, DFSRH, MS  
Consultant Gynaecologist and Clinical Network Director for Gynaecology

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Menopause, Menstrual disorder, Pelvic pain, Subfertility, PCOS, Fibroids, Endometriosis, Benign gynaecology surgery, Gynaecology ultrasound, PMS, Recurrent miscarriage, Early pregnancy complications



**Mrs Deepali Sinha** MBBS, MD, FRCOG  
Gynaecologist/Urogynaecologist

**Main NHS base:** Newham Hospital, Barts Health NHS Trust

**Clinical interests:** Laparoscopic surgery, Hysterectomy, Urogynaecology, Menstrual disorders, Menorrhagia, Fibroids, Ovarian cysts and PCOS, Endometriosis, Vaginal pain, Sexual dysfunction, Pelvic pain



**Mr Sotiris Vimplis** MBBS, FRCOG  
Consultant Gynaecologist

**Main NHS base:** Barts Health NHS Trust, Whipps Cross University Hospital

**Clinical interests:** Abnormal smears, Colposcopy, Gynaecological cancer, Ovarian cysts, Period problems, Pelvic pain, Endometriosis, Fibroids, Minimal access surgery



## GYNAECOLOGY (CONT)



**Ms Sandra Watson** BSc, MA, MBBS, MRCOG  
Consultant Gynaecologist

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Bleeding problems, Pelvic pain, Fibroids, Endometriosis, Adenomyosis, Ovarian cysts, Vulval conditions, Vaginal infections, Hysteroscopy, Laparoscopy, Hysterectomy, Myomectomy



**Mr Ismail Wong** MBBS, MSc, MRCOG  
Consultant Gynaecologist

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** General gynaecology, Subfertility, Recurrent miscarriage, Menstrual problems, Polycystic ovary syndrome, Ovarian cysts, Pelvic pain, Laparoscopy, Hysteroscopy surgery

## HAEMATOLOGY



**Dr Faris Al-Refaie** MB ChB, MD (Lon Univ), FRCP, FRCPath  
Consultant Haematologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** General haematology, Lymphoma, Multiple myeloma, Myelodysplastic syndrome, Chronic leukaemias, Non-malignant haematology



**Dr Parag Jasani** MBBS, MRCP, FRCPath  
Consultant Haematologist

**Main NHS base:** Royal Free London NHS Foundation Trust and University College London Hospitals NHS Foundation Trust

**Clinical interests:** Leukaemia, Lymphoma, Myeloma, Myelodysplastic syndromes (MDS), Thrombosis, Anticoagulation (blood clotting disorders), Anaemia

## NEPHROLOGY



**Dr Saurabh Chaudhri** MBBS, MRCP (UK), MRCP Nephrology, MD  
Consultant Nephrologist and Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Hypertension, Acute kidney injury, Chronic kidney disease, Diabetic renal disease, Metabolic stone disease, General nephrology



**Dr Ravindra Rajakariar** MB ChB (Hons), BSc (Hons), PhD, FRCP  
Consultant Nephrologist and Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Chronic kidney disease, Diabetic renal disease, Hypertension, Lupus renal disease, Vasculitis, Transplantation

## NEUROLOGY



**Dr Anish Bahra** FRCP, MD  
Consultant Neurologist

**Main NHS base:** National Hospital for Neurology and Neurosurgery and Whipps Cross Hospital

**Clinical interests:** General neurology: Parkinson's disease, Epilepsy, MS, Headache, migraine and cluster headache, Facial pain, Migrainous vertigo, Trigeminal autonomic cephalalgias, Neuralgias, Facial pain



**Mr Alberto Cifelli** MD, FRCP (UK), DPhil (Oxon), DNM  
Consultant Neurologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Cognitive disorders (memory problems and dementia), General neurology including: Headache/Migraine, Epilepsy and Stroke



**Prof Christopher Hawkes** MD, FRCP, FAAN  
Honorary Professor of Neurology

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** All neurology with particular interests in: MS, Parkinson's disease, Headache, Dizziness, Alzheimer's disease, Smell and taste disorders



**Dr John McAuley** BSc, MD, FRCP <sup>P</sup>  
Consultant Neurologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust and Barts Health NHS Trust

**Clinical interests:** Migraine, Movement disorders, Vertigo, Epilepsy, Stroke

## NEUROPHYSIOLOGY



**Dr Jacquie Deeb** BSc, MD, FRCP  
Consultant in Clinical Neurophysiology

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Electromyography (EMG), Nerve conduction studies (NCS), Single fibre EMG, Electroencephalography (EEG), Evoked potentials (EP)



**Dr Tom Tidswell** MB BChir, PhD, FRCP  
Consultant Neurophysiologist

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Neurophysiology: Peripheral nerve disease, Carpal tunnel syndrome, Other entrapment neuropathies, Techniques to classify myasthenia and muscle disorders, EEG interpretation for seizure disorders



**Dr Bryan Youl** BMedSc, MD, FRCP, FRSMus  
Consultant Neurophysiologist

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Neurophysiology - electrical investigation of peripheral nerve injury



## NEUROSURGERY



**Mr Habib Ellamushi** MBBS, FRCS (Ed), FRCS (SN)  
Consultant Neurosurgeon and Spinal Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Spinal/Cranial surgery, Back and neck pain, Degenerative/Herniated disc, Sciatica, Nerve entrapment/compression, Spinal injections, infection and tumours, Spinal cord stimulation



**Mr Nikolaos Haliasos** FRCS (Eng)  
Consultant Neurosurgeon and Spine Surgeon

**Main NHS base:** Queen's Hospital, Essex Neurosciences, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Neck and back pain, Arm and leg pain (sciatica), Trigeminal neuralgia and peripheral nerves, Brain tumours, Hydrocephalus related to cognitive disorders



**Mr Ahmed Ibrahim** MRCS (Eng), MRCS (Ed), FRCS (Neuro Surg), PhD  
Consultant Neurosurgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Management of neck, arm, back and leg pain, Spinal cord injury, Sciatica, Canal narrowing, Spinal tumours and fusion surgery, Thoracic disc disease



**Mr Jonathan Pollock** FRCS (SN)  
Consultant Neurosurgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Neurosurgery: Spinal, pituitary and skull base surgery



**Mr John Yeh** BA (Hons), MA, MD, MB BChir, FRCSEd (Neuro Surg)  
Consultant Neurosurgeon

**Main NHS base:** Private practice

**Clinical interests:** Neck pain, Back pain, Sciatica, Limb pain, Slipped discs, Trapped nerves, Degeneration, Injuries, Osteoporosis, Spinal injections, Kyphoplasty/Vertebroplasty, Keyhole surgery, Lasers

## ONCOLOGY



**Dr John Conibear** BSc, MB BCh, MSc, MRCP, FRCR, MD (Res)  
Consultant Clinical Oncologist

**Main NHS base:** St. Bartholomew's Hospital, Barts Health NHS Trust

**Clinical interests:** Non-surgical treatments for lung and breast cancer, including chemotherapy, immunotherapy and both conventional and stereotactic radiotherapy



**Dr Stephanie Gibbs** MBBS, MRCP, FRCR  
Consultant Oncologist

**Main NHS base:** Private practice

**Clinical interests:** Urological cancer including bladder cancer and prostate cancer, Breast cancer, Chemotherapy, Immunotherapy, Radiotherapy



**Dr Sherif Raouf** MB BCh, FRCR  
Consultant Clinical Oncologist

**Main NHS base:** Barts Health NHS Trust

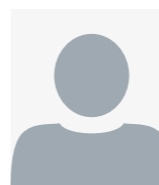
**Clinical interests:** Cancers of the oesophagus, stomach, liver, pancreas and bowel, Head and neck cancers, Radiotherapy, Chemotherapy, Immunotherapy



**Dr Eliot Sims** MB BCh, MRCP, FRCR  
Consultant Oncologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Breast cancer, Radiotherapy, Chemotherapy



**Dr David Tsang** MBBS, MRCP, FRCR, MPhil (Medical Law)  
Consultant Oncologist

**Main NHS base:** Southend University Hospital NHS Foundation Trust

**Clinical interests:** Cancer of the: Oesophagus (gullet), Stomach (gastric cancer), Small bowel, Bile duct (cholangiocarcinoma), Pancreas, Colon, Rectum, Bladder and Prostate

## OPHTHALMOLOGY



**Mr Oliver Bowes** MA (Cantab), MBBS (Lon), FRCOphth, CertLRS  
Consultant Ophthalmic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** General adult ophthalmology, Microincisional cataract surgery, Refractive surgery, YAG laser capsulotomy, Corneal conditions, Ocular surface, chalazia and dry eye management



**Mr Panagiotis Georgoudis** Ptychio Iatrikes Degree in Medicine (MBBS equivalent), FEBO, MRCOphth  
Consultant Ophthalmologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Microincision cataract surgery including premium lenses, Cornea, Keratoconus, Ocular surface disease, Dry eyes, Blepharitis, Pterygium surgery, General adult ophthalmology



**Mr Niaz Islam** BSc (Hons), MBBS, MRCOphth, FRCOphth <sup>P</sup>  
Consultant Ophthalmic Surgeon

**Main NHS base:** Moorfields Eye Hospital NHS Foundation Trust

**Clinical interests:** Cataract (multifocal lens implants), General ophthalmology (including stye/chalazion), Macular degeneration, Retina (central blurry or distortion), Diabetic retina, Uveitis



**Miss Silvana Madi** MD, PhD, FRCS (Glasg), FRCOphth, CertLRS  
Consultant Ophthalmologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Cataract/Lens replacement/Laser refractive surgery, Multifocal/Toric IOLs, Cornea and external eye disease, Corneal transplantation, Intra-corneal rings, Crosslinking, Glaucoma monitoring/procedures, General ophthalmology



## OPHTHALMOLOGY (CONT)



**Ms Bita Manzouri** BSc (Hons), MBBS (Dist), MRCP, FRCOphth, PhD, CertLRS, PGCert (Healthcare management and leadership), PGDip (Cataract and refractive surgery)  
Consultant Ophthalmologist

**Main NHS base:** Queen's Hospital, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Cataract surgery, Management of the ocular surface, glaucoma and pterygium, Treatment of keratoconus, Dry eyes, Contact lens problems and treatment



**Mr Dipak Parmar** BSc (Hons), MBBS, FRCOphth, FRANZCO  
Consultant Ophthalmologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cornea, Uveitis, Cataract and refractive surgery



**Miss Sudeshna Patra** FRCOphth, FRCS, MSOphth, DO  
Consultant Ophthalmologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General ophthalmology, Retina including macular degeneration and diabetes, Cataract surgery and retinal lasers



**Mr Ian Subak-Sharpe** MA, MBBS, FRCOphth  
Consultant Ophthalmologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General adult ophthalmology, Cataract, Clear lens extraction, Multifocal lenses, Oculoplastics, Aesthetic eyelid lift, Blepharoplasty, Dry eye, Watery eye, Eyelid cysts



**Mr Athanasios Vergados** MBBS, MD, PhD, FEBO, MRCOphth  
Consultant Ophthalmologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General ophthalmology, Cataract surgery including premium lenses, Medical and surgical glaucoma management, iStents, Laser treatment for glaucoma and YAG capsulotomy



**Miss Marta Vilaro** MS, FRCS  
Consultant Ophthalmologist

**Main NHS base:** Queen's Hospital, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Periocular cancer, Eyelid malpositions, Watery eye (lacrimonal surgery), Cosmetic eyelid and brow surgery, Non-surgical facial cosmetic treatment



**Mr Hadi Zambarakji** FRCOphth, DM  
Consultant Ophthalmologist

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Small incision phaco cataract surgery and premium lens implants/toric lens implants, Vitreoretinal surgery, Medical retina

## ORAL AND MAXILLOFACIAL SURGERY



**Mr Nayeem Ali** FRCS (OMFS) <sup>P</sup>  
Consultant Oral and Maxillofacial Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Surgical dentistry, Facial trauma, Surgery for jaw deformity (orthognathic surgery), Genioplasty, Oral medicine, Temporomandibular joint disorders, Jaw cysts, Dental implants



**Mr Leo Cheng** LLM, BDS, MB ChB, FRCS, FDSRCS, FRCS (Oral MaxFac), FHEA <sup>P</sup>  
Consultant Oral and Maxillofacial Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Thyroid and parathyroid surgery, Head and neck surgery, Salivary gland, Skin tumours, Facial reconstructive surgery



**Mr Janavikulam Thiruchelvam** MBBS, BDS, FDSRCS, FRCS (Clin Surg in Gen), FRCS (OMFS)  
Consultant Oral and Maxillofacial/Head and Neck Surgeon

**Main NHS base:** Broomfield Hospital, Mid and South Essex NHS Foundation Trust

**Clinical interests:** Oral surgery, Dental implants, Bone graft, Oral medicine, Head/Neck cancer, Skin cancer and reconstruction, Salivary gland diseases, Neck lump management

## ORTHOPAEDICS - BACK AND SPINAL



**Mr Mohamed Ahmed** Specialist in Trauma and Orthopaedics  
Consultant Orthopaedic Surgeon

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Endoscopic/Laser lumbar spine discectomy, Microdiscectomy, Spinal decompression, Cervical disc replacement, Cervical/Lumbar fusion, Kyphoplasty/Vertebroplasty, Spinal injections, Minimally invasive spinal surgery



**Mr Zaher Dannawi** FRCS (Tr & Orth)  
Consultant Orthopaedic and Spinal Surgeon

**Main NHS base:** Southend University Hospital NHS Foundation Trust

**Clinical interests:** Spinal surgery, Cervical and lumbar degenerative conditions



**Mr Arif Khan** FRCS, MSc (Orth), FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Spine and lower limb



**Mr Brian Levack** FRCS  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Spine and hip surgery



## ORTHOPAEDICS - BACK AND SPINAL (CONT)



**Mr Benignus Okafor** FRCS, FRCS (Orth), MBBS <sup>P</sup>  
Consultant Orthopaedic and Spinal Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Spinal surgery, Lumbar spine disorders, Disc disease, Stenosis, Arthroscopy

## ORTHOPAEDICS - ELBOW, WRIST AND HAND



**Mr Hasan Ahmed** MCh (Orth), FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Arthroscopic shoulder surgery, Elbow, wrist and hand surgery



**Mr Wisam Al-Hakim** MBBS, BSc, MRCS (Eng), PGDip, FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Emergency fracture fixation and trauma-related injuries of the hand, wrist and elbow, Elective open and arthroscopic hand, wrist and elbow surgery



**Mr Ali Al-Sabti** FRCS  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Shoulder arthroscopy, replacement and cuff repair, Biceps tendon repair, Bankart repair, ACJ reconstruction, Tennis/Golfer's elbow, Carpal tunnel decompression, Trigger finger



**Mr Nick Aresti** MBBS, BSc (Hons), FHEA, FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** The Royal London Hospital and Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Shoulder, Elbow, Hand, Wrist, Medico-legal reports, Trauma, Sports injuries, Arthroscopy, Rotator cuff, Arthritis, Shoulder replacement, Instability



**Mr Srinivas Gadikoppula** FRCS (Tr & Orth) <sup>P</sup>  
Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** General orthopaedics and trauma, Upper limb trauma and elective orthopaedics, Joint replacement surgery for shoulder, elbow, hip and knee



**Mr Boyd Goldie** MBBS, BSc, FRCS  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Shoulder: Frozen shoulder, impingement and rotator cuff, Tennis/Golfer's elbow, Ulnar neuritis, Ganglions, Scaphoid fractures, Carpal tunnel syndrome, Trigger finger, De Quervain's tenosynovitis, Dupuytren's disease



**Mr Philip Mathew** MBBS, MRCS, FRCS (Orth), Dip Hand Surg (Br)  
Consultant Hand and Wrist Surgeon

**Main NHS base:** Chelsea and Westminster Hospital NHS Foundation Trust

**Clinical interests:** Keyhole surgery, Wide awake local anaesthetic surgery, Fractures and painful joints, Nerve compression, Dupuytren's contracture, Trigger finger



**Mr Mahesh Pimplé** MBBS, MS (Orth), FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Injuries of the upper limb (Shoulder, Elbow, Hand and Wrist), Arthroscopic and open upper limb surgery



**Mr Nicholas Saw** FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** All hand, elbow and shoulder disorders



**Mr Simon Wimsey** FRCS (Tr & Orth) <sup>P</sup>  
Consultant Orthopaedic Surgeon

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** All hand, wrist and elbow surgery, Arthritis, Carpal tunnel, Dupuytren's contracture, Trigger finger, Cysts, Ganglia, Tennis/Golfer's elbow, Arthroscopy, Trauma, Paediatrics

## ORTHOPAEDICS - FOOT AND ANKLE



**Mr Ian Garnham** FRCS (Tr & Orth) <sup>P</sup>  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Foot and ankle surgery, Knee surgery, Surgery of the lower limb (including trauma and sports injury), Paediatric orthopaedics



**Mr Shahbux Lashari** FRCS, FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Adult foot and ankle surgery



**Mr Muhammad Shahid** MCh (Orth), FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Foot and ankle surgery, including: Bunions, Toe deformities, Foot/Ankle arthritis, Tendon disorders and Flat foot



## ORTHOPAEDICS - FOOT AND ANKLE (CONT)



**Mr Kesavan Sri-Ram** BSc, MBBS, MRCS (Eng), FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Foot and ankle conditions, including pain and injuries, Foot surgery, including bunion correction, toe correction and toe fusion



**Mr Krishna Vemulapalli** MBBS, FRCS, FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Foot and ankle surgery, Paediatric orthopaedic surgery, General orthopaedics and trauma, including hip and knee surgery



**Mr Alexander Watson** BPharm, MRPharmS, MBBS (Hons), FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Adult and paediatric foot, ankle and knee surgery, Sports injuries, Trauma, Degenerative changes, Morton's neuroma, Plantar fasciitis, Bunions, Tendon damage

## ORTHOPAEDICS - HIP



**Mr Srinivas Gadikoppula** FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** General orthopaedics and trauma, Upper limb trauma and elective orthopaedics, Joint replacement surgery for shoulder, elbow, hip and knee



**Mr Matthew Hearth** BSc, FRCS (Ed), FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Primary and revision hip and knee replacement, Soft tissue knee surgery, Hip arthroscopy



**Mr Arif Khan** FRCS, MSc (Orth), FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Spine and lower limb



**Mr Mandeep Lamba** MBBS, MS (Orth), MCh (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Hip and knee replacement including revision, Meniscal knee surgery including ACL reconstruction, Lower limb sports injuries



**Mr Brian Levack** FRCS

Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Spine and hip surgery



**Mr Graham Robbins** FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Primary and revision hip and knee replacement, Knee arthroscopy, Conservative management of hip and knee disorders



**Mr Muhammad Shahid** MCh (Orth), FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Total hip replacement



**Mr Sanjay Sinha** MRCS, MSc (Orth), FRCS (Orth), FEBOT (Orth), Dip Sports Med

Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** Hip/Knee replacements, Knee arthroscopic meniscal/ACL surgery, Sports injury



**Mr Kesavan Sri-Ram** BSc, MBBS, MRCS (Eng), FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Hip conditions including hip pain, injuries and arthritis, Hip replacement and revision hip replacement



**Mr Kostas Tsitskaris** MD, MSc, MRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Primary and revision hip replacement surgery, Young adult hip pain



**Mr Krishna Vemulapalli** MBBS, FRCS, FRCS (Tr & Orth) **P**

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Foot and ankle surgery, Paediatric orthopaedic surgery, General orthopaedics and trauma, including hip and knee surgery



**Mr James Wong** MBBS, BSc, MRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Primary hip replacement surgery, Revision hip replacement surgery



## ORTHOPAEDICS - KNEE



**Mr Srinivas Gadikoppula** FRCS (Tr & Orth) P

Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** General orthopaedics and trauma, Upper limb trauma and elective orthopaedics, Joint replacement surgery for shoulder, elbow, hip and knee



**Mr Matthew Hearth** BSc, FRCS (Ed), FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Primary and revision hip and knee replacement, Soft tissue knee surgery, Hip arthroscopy



**Mr Arif Khan** FRCS, MSc (Orth), FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Spine and lower limb



**Mr Sunil Kumar** MBBS, FRCS (Eng), FRCSI, FRCS (Orth), DipSportsMed (Ed) P

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Sports injuries, All aspects of knee surgery, Minimally invasive partial, total, custom/patient-specific knee replacements, Cruciate ligament reconstruction, Biological solutions



**Mr Mandeep Lamba** MBBS, MS (Orth), MCh (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Hip and knee replacement including revision, Meniscal knee surgery including ACL reconstruction, Lower limb sports injuries



**Mr Graham Robbins** FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Primary and revision hip and knee replacement, Knee arthroscopy, Conservative management of hip and knee disorders



**Mr Muhammad Shahid** MCh (Orth), FRCS (Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Total knee replacement, Knee arthroscopy



**Mr Sanjay Sinha** MRCS, MSc (Orth), FRCS (Orth), FEBOT (Orth), Dip Sports Med

Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** Hip/Knee replacements, Knee arthroscopic meniscal/ACL surgery, Sports injury



**Mr Kesavan Sri-Ram** BSc, MBBS, MRCS (Eng), FRCS (Tr & Orth) P

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Knee conditions, including knee pain, injuries and arthritis, Primary and revision knee replacement, ACL reconstruction, Arthroscopy and meniscus surgery



**Mr Kostas Tsitskaris** MD, MSc, MRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Primary and revision knee replacement surgery, Partial knee replacement surgery, Knee arthroscopy, Meniscal repair, Anterior cruciate ligament reconstruction



**Mr Krishna Vemulapalli** MBBS, FRCS, FRCS (Tr & Orth) P

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Foot and ankle surgery, Paediatric orthopaedic surgery, General orthopaedics and trauma, including hip and knee surgery



**Mr Alexander Watson** BPharm, MRPharmS, MBBS (Hons), FRCS (Tr & Orth) P

Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Adult and paediatric foot, ankle and knee surgery, Sports injuries, Trauma, Degenerative changes, Morton's neuroma, Plantar fasciitis, Bunions, Tendon damage



**Mr James Wong** MBBS, BSc, MRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Total knee replacement surgery, Knee arthroscopy

## ORTHOPAEDICS - SHOULDER



**Mr Hasan Ahmed** MCh (Orth), FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Arthroscopic shoulder surgery, Elbow, wrist and hand surgery



## ORTHOPAEDICS - SHOULDER (CONT)



**Mr Wisam Al-Hakim** MBBS, BSc, MRCS (Eng), PGDip, FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Shoulder, elbow and hand surgery



**Mr Ali Al-Sabti** FRCS  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Shoulder arthroscopy, replacement and cuff repair, Biceps tendon repair, Bankart repair, ACJ reconstruction, Tennis/Golfer's elbow, Carpal tunnel decompression, Trigger finger



**Mr Nick Aresti** MBBS, BSc (Hons), FHEA, FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** The Royal London Hospital and Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Shoulder, Elbow, Hand, Wrist, Medico-legal reports, Trauma, Sports injuries, Arthroscopy, Rotator cuff, Arthritis, Shoulder replacement, Instability



**Mr Srinivas Gadikoppula** FRCS (Tr & Orth) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** General orthopaedics and trauma, Upper limb trauma and elective orthopaedics, Joint replacement surgery for shoulder, elbow, hip and knee



**Mr Boyd Goldie** MBBS, BSc, FRCS  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Shoulder: Frozen shoulder, impingement and rotator cuff, Tennis/Golfer's elbow, Ulnar neuritis, Ganglions, Scaphoid fractures, Carpal tunnel syndrome, Trigger finger, De Quervain's tenosynovitis, Dupuytren's disease



**Mr Mahesh Pimplé** MBBS, MS (Orth), FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Injuries of the upper limb (Shoulder, Elbow, Hand and Wrist), Arthroscopic and open upper limb surgery



**Mr Nicholas Saw** FRCS (Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** All hand, elbow and shoulder disorders

## PAEDIATRIC SURGERY



**Mr Devesh Misra** FRCS, MCh (Paeds-Surg) **P**  
Senior Consultant Paediatric Surgeon and Urologist

**Main NHS base:** The Royal London Hospital, Barts Health NHS Trust

**Clinical interests:** Paediatric urology (Hypospadias, Circumcision, Undescended testes, Bedwetting, UTI, Hydrocoele, Varicocele, Pilonidal cysts), General paediatrics (Hernias, Lumps, Tongue-tie), Gastroenterology (Abdominal pain, Reflux, Vomiting)

## PAEDIATRICS



**Mrs Monika Bajaj** MBBS, MD, DNB, MRCPCH, FRCPC **P**  
General and Neurodevelopmental Paediatrician

**Main NHS base:** Private practice

**Clinical interests:** General paediatric problems (Poor growth, Cough, Abdominal pain, Infections, Headaches, Constipation, Sleep issues, Eczema, Obesity), Developmental delay, Autism, ADHD



**Dr Emma Devereux** MBBS, DCH, MRCP, FRCPC **P**  
Consultant Paediatrician

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** Cares for children from birth to teenagers and manages all paediatric conditions, with special interests in treating newborns and epilepsy



**Dr Minal Gandhi** MB ChB, FRCPC (Allergy), MSc **P**  
Consultant Paediatrician

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Paediatric allergy: Eczema, Food allergies, Asthma and Hay fever (rhinitis), Skin prick testing, Specialist allergy blood tests, Referrals to paediatric allergy dietician



**Dr Neeraj Jain** FRCPC, EACVI **P**  
Consultant Paediatrician

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** All general paediatric conditions, Neonatology, Paediatric cardiology and echocardiogram



**Dr Debi Ray** MBBS (Barts), MRCPCH (Lon) **P**  
Consultant Paediatrician

**Main NHS base:** NHS Waltham Forest Clinical Commissioning Group

**Clinical interests:** General paediatric health concerns, Newborn baby health checks, Any developmental (including speech) delay/concern, Communication disorders, Autism, Disability, Learning difficulties, Tics



## PAEDIATRICS (CONT)



**Dr Rajiv Sood** MBBS, DCH, MRCP, FRCP, FRCPC, PG Cert Allergy **P**  
Consultant Paediatrician

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Allergy: Food, Hay fever, Eczema, Asthma, Anaphylaxis, Allergy blood test, Skin prick testing, General paediatrics: All medical problems concerning children



**Dr Olufunke Wilkey** MB ChB, DCH, FRCP, FRCPC **P**  
Consultant Paediatrician

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** General paediatrics (all childhood conditions from birth to 16 years): Lumps, Blood abnormalities, Constipation, Asthma, Bedwetting, Reflux, Colic, Neonatal and rheumatological conditions

## PAIN MANAGEMENT



**Dr Wisam Ali** BSc, MB ChB, FRCA, FFP, MRCA, FIPP  
Consultant Pain Physician

**Main NHS base:** King's College Hospital NHS Foundation Trust

**Clinical interests:** Back pain, Sciatica, Neck pain, Brachialgia, Facial pain, Neuropathic pain, Fibromyalgia



**Dr Vivek Mehta** FRCA, MD, FFPMRCA  
Consultant Pain Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Back pain, Sciatica, Whiplash injury, Cervical pain, Fibromyalgia, Residual back and leg pain after back surgery, Spinal cord stimulation



**Dr Victor Mendis** MD (Vin), MD (Col), FRCA (Lon), FFARCS (Ire), FFPMRCA (Lon)  
Pain Management Consultant

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Qutenza patch for localised neuropathic pain, Treatment of chronic migraine with botulinum toxin, Radiofrequency ablation spinal pain, Complex regional pain syndrome



**Dr Kavita Poply** MBBS, DA, FRCA, FFPMRCA  
Consultant and Senior Lecturer in Pain Medicine

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Backache, Sciatica, Neckache, Brachialgia, Pelvic pain, Headaches, Fibromyalgia, Spinal cord stimulation for failed back surgery and chronic pain conditions



**Dr Manojit Sinha** MBBS, DA, MRCA, FCAI, FFPMRCA  
Consultant Pain Specialist

**Main NHS base:** King's College Hospital NHS Foundation Trust

**Clinical interests:** Back pain, Sciatica, Neck pain, Headache, Joint pains, Neuropathic pain, Fibromyalgia, Complex regional pain syndrome, Pelvic pain, Spinal injections, Radiofrequency treatment



**Dr Subodha Thanthulage** MD, FRCA, FFPMRCA, FIPP  
Consultant Pain Physician

**Main NHS base:** Broomfield Hospital, Mid and South Essex NHS Foundation Trust

**Clinical interests:** All types of chronic pain (Neuropathic, Head, Facial, Neck, Chest, Abdominal, Pelvic and Lower back), Headaches, Fibromyalgia, Acute myofascial pain syndrome

## PODIATRIC SURGERY



**Mr Trevor Prior** BSc (Hons), FCPodS, FFPM, RCPS (Glasg), FCPodM **P**  
Consultant Podiatric Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Foot surgery, Bunion surgery, Gait analysis, Sports injuries, Running injuries, Orthoses, Diabetic foot complications

## PSYCHIATRY



**Dr Salah Abou-El-Fadl** FRCPsych  
Consultant Psychiatrist

**Main NHS base:** Goodmayes Hospital, North East London NHS Foundation Trust

**Clinical interests:** Depression, Anxiety, Schizophrenia, Medico-legal reports, Alcohol and drug misuse, Trauma psychiatry



**Dr Thomas Dannhauser** MB ChB, MRCPsych, PhD  
Consultant Psychiatrist

**Main NHS base:** Private practice

**Clinical interests:** Depression, Anxiety, Bipolar disorder, ADHD, PTSD, OCD, Dementia/Cognitive impairment, Non-drug treatments (tDCS, Neurofeedback), Ketamine treatment, Medico-legal reports



**Dr Andrew Margo** MB BCh, BSc, FRCPsych  
Consultant Psychiatrist

**Main NHS base:** Private practice

**Clinical interests:** Mood disorders (Bipolar, OCD), Personality/Panic/Eating disorders, Early psychosis, Anxiety, PTSD, Psychosexual/Family problems, Substance abuse, including prescription drugs and alcohol



**Dr Krishnendu Nandy** MBBS, MRCPsych, MSc  
Consultant Psychiatrist

**Main NHS base:** North East London NHS Foundation Trust

**Clinical interests:** General adult psychiatry, Eating disorders, Mental disorders associated with medical problems, Mental disorders during pregnancy, Medico-legal reports and occupational reports



## PSYCHOLOGY



**Dr Angie Alamgir** BSc (Hons), MSc, PPDipCP, Cpsychol, DPsych  
Consultant Psychologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Depression, Anxiety, Eating disorders, Anger, Stress management, Low self-esteem, Obsessive compulsive disorder, PTSD, Phobias, Social anxiety, Relationship and emotional distress

## RADIOLOGY



**Mr Shayan Ahmed** MBBS, BSc, FRCR  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

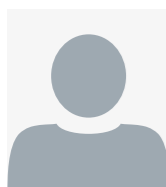
**Clinical interests:** Musculoskeletal imaging, Ultrasound-guided musculoskeletal injections, Urological imaging, Diagnostic MRI/CT/ultrasound/plain film imaging



**Dr Zaid Aldin** MB ChB, MRCS, FRCR  
Consultant Radiologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

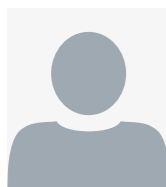
**Clinical interests:** Cardiac imaging, Spinal imaging and intervention, Vascular and non-vascular intervention, Gastrointestinal and genitourinary imaging



**Dr Faisal Alyas** MRCP, FRCR  
Consultant Radiologist

**Main NHS base:** Royal National Orthopaedic Hospital NHS Trust

**Clinical interests:** Musculoskeletal radiology



**Dr Jonathon Andrews** FRCR, FRCS  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Musculoskeletal GI radiology



**Dr Anthony Aylwin** MB ChB, BSc (Hons), MRCS (Eng), FRCR  
Consultant Radiologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Breast radiology including breast screening and MRI (Director of Breast Screening at Epping Breast Unit), GI radiology (including CT colonoscopy)



**Dr Paul Butler** MRCP, FRCR  
Consultant Neuroradiologist

**Main NHS base:** Private practice

**Clinical interests:** Neuroradiology (remote reporting only)



**Dr Sajid Butt** MBBS, FRCR, MBBS, FCPS  
Consultant Radiologist

**Main NHS base:** Royal National Orthopaedic Hospital NHS Trust

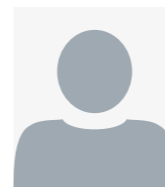
**Clinical interests:** Musculoskeletal radiology



**Dr Sanjiv Chawda** BSc (Hons), MB BCh, MRCP, FRCR  
Consultant in Diagnostic and Interventional Neuroradiology

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** All aspects of diagnostic neuroradiology, Interventional neuroradiology, Head and neck radiology, Neck ultrasound



**Dr Thomas Conner** BSc (Hons), MBBS, FRCR  
Consultant Radiologist

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** Breast and musculoskeletal imaging



**Dr Ceri Davies** MBBS, BSc, MD, FRCP  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Advanced non-invasive cardiac imaging (Cardiac CT and MRI), Management of patients with heart failure, General cardiological and medical problems



**Dr Mohamed Elsayad** FRCR, MSc (Radio Diagnosis), MSc (Medical Ultrasound), ESSR  
Diploma (in progress) <sup>P</sup>  
Consultant Radiologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Musculoskeletal and body imaging including CT and MRI, Ultrasound imaging including musculoskeletal pain injections, gynaecological, small parts, arterial, venous and carotid duplex/DVT scans



**Dr Sivadas Ganeshalingam** MA, MBBS, FRCR  
Consultant Musculoskeletal Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Musculoskeletal, sports and spinal imaging



**Dr Jeremiah Healy** MB BChir, MA, FRCP, FRCR, FFSEM  
Consultant Musculoskeletal Radiologist

**Main NHS base:** Chelsea and Westminster Hospital NHS Foundation Trust

**Clinical interests:** Specialist in sports injury imaging (remote reporting only)



**Dr Noor Jahan** MBBS, BSc, MRCP, FRCR  
Consultant Radiologist

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** Symptomatic breast imaging (Breast Imaging Lead at Whipps Cross Hospital), General radiology

## RADIOLOGY (CONT)



**Dr Nabil Kibriya** MBBS, BSc (Hons), FRCR  
Consultant Radiologist

**Main NHS base:** King's College Hospital NHS Foundation Trust

**Clinical interests:** Radiology, Multi-modal abdominal imaging, Interventional procedures



**Dr Justin Lee** MB BCh, FRCS  
Consultant Radiologist

**Main NHS base:** Private practice

**Clinical interests:** Musculoskeletal radiology (remote reporting only)



**Dr Rohit Malliwal** BSc (Hons), MBBS, FRCR  
Consultant Diagnostic/Interventional Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Liver/GI imaging/cancer, Inflammatory bowel disease, HPB/Uro/Musculoskeletal intervention



**Dr Adam Mitchell** FRCS, FRCR  
Consultant Radiologist

**Main NHS base:** Private practice

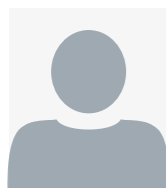
**Clinical interests:** Musculoskeletal radiology (remote reporting only)



**Dr Zoltan Nagy** FRCR equivalent  
Consultant Radiologist

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Musculoskeletal and general radiology (remote reporting only)



**Dr Jayendran Namasivayam** MBBS, MRCP, FRCR  
Consultant Radiologist

**Main NHS base:** Queen Elizabeth Hospital, Lewisham and Greenwich NHS Trust

**Clinical interests:** General radiology, Cross-sectional imaging, Ultrasound, Barium swallow, Hysterosalpingogram (HSG), CT, MRI and plain X-ray reporting



**Dr William Partridge** MRCS, FRCR  
Consultant Radiologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** GI, cardiovascular and interventional radiology



**Dr Sandeep Pathak** MBBS, MRCS, FRCR, EBIR  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Musculoskeletal, interventional, GI and urology, CT, Ultrasound, MRI, Image-guided injections



**Dr Janaki Sudhakar Praharaju** MBBS, FRCR  
Consultant Radiologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Neuroradiology, General and paediatric radiology



**Dr Nicholas Reading** MA, MB BChir, MRCP, FRCR  
Consultant Radiologist

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** General radiology with special interests in gastroenterology and ENT radiology



**Dr Sridhar Redla** MBBS, FRCR <sup>P</sup>  
Consultant Radiologist

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Musculoskeletal imaging and interventions, Pelvic imaging (gynaecology and urology), Paediatric and general radiology



**Dr James Sarkodieh** MBBS, BSc, FRCR, EDiMSK, PGDip (UK) <sup>P</sup>  
Consultant Radiologist

**Main NHS base:** Barts Health NHS trust

**Clinical interests:** Ultrasound-guided injections for frozen shoulder, subacromial bursitis, tendinopathy and other sporting injuries, Sports imaging (including children), Paediatric ultrasound, Lung cancer



**Dr Kai Lee Tan** MB BCh, MRCP, FRCR, MBA  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General radiology, Uroradiology, Cross-sectional imaging



**Dr Sujit Vaidya** MBBS, MD  
Consultant Radiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Musculoskeletal imaging (remote reporting only)



**Prof Mark Westwood** MBBS, MD, FRCP, FESC  
Consultant Cardiologist

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Cardiac MRI, Cardiac CT, Cardio-oncology, General cardiology (remote reporting only)



## RESPIRATORY MEDICINE



**Dr Mathina Darmalingam** MB ChB (UCT), FCP (SA), FRCP (Lon)  
Consultant Respiratory Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Respiratory infections including: Tuberculosis, Airflow diseases (asthma and COPD), Cough, Lung cancer, Pleural diseases, Interstitial lung disease, Sleep apnoea, Fiberoptic bronchoscopy



**Dr Ugochukwu Ekeowa** BSc, MBBS, MRCP, PhD  
Consultant in General and Respiratory Medicine

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** Lung cancer, Asthma, Bronchitis, COPD, Emphysema, Chest infection, Pneumonia, Bronchiectasis, Allergy, Sarcoidosis, Pulmonary fibrosis/embolism, Tuberculosis, Pneumothorax, Sleep apnoea



**Dr Ali Mohammed** MB ChB, FRCP (Edin)  
Consultant General and Respiratory Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Asthma, COPD, Pleural diseases, Respiratory infections, Lung cancer, Bronchiectasis, Interstitial and occupational lung diseases, Sleep disorders and snoring



**Dr Murugiah Seevaratnam** FRCP  
Consultant General Physician

**Main NHS base:** Private practice

**Clinical interests:** Acute medical illness, Geriatric medicine, TIA, Respiratory illness and diseases, Hypertension, Giddiness, Blackouts, Cardiovascular medicine, Diabetes management, UTIs, Medical admissions

## RHEUMATOLOGY



**Dr Simon Donnelly** MRCP, MSc (Sports/Exercise Medicine)  
Consultant Rheumatologist, Sports Physician and Acute Medicine Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Rheumatoid arthritis and other inflammatory conditions, Biologics and new therapies, Difficult fibromyalgia, Gout that persists, Back pain, Osteoporosis



**Dr Debasish Pyne** MA, MBBS (Hons), FRCP  
Consultant Rheumatologist (with interest in sports injuries)

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** General rheumatology, Arthritis, Osteoarthritis, Osteoporosis, Back pain, Lupus, Pain management injections, Acupuncture



**Dr Shilpa Selvan** MBBS, BSc, MRCP, PGCME  
Consultant Rheumatologist

**Main NHS base:** Mid and South Essex NHS Foundation Trust

**Clinical interests:** Inflammatory arthritis, Rheumatoid arthritis, Psoriatic arthritis, Ankylosing spondylitis, Osteoporosis, Carpal tunnel syndrome, Back pain, Gout, Fibromyalgia, Osteoarthritis, Shoulder pain



**Prof Hasan Tahir** BSc, MBBS, MSc (SEM), FRCPE, MFSEM, FRCP (UK)  
Consultant Rheumatologist and Sports Physician

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Arthritis, Fibromyalgia, Long COVID, Rheumatoid arthritis, Psoriatic arthritis, Ankylosing spondylitis, Osteoporosis, Gout, SLE, Back pain, Vasculitis, Carpel tunnel, General medicine

## SPORTS MEDICINE AND SPORTS INJURIES



**Mr Hasan Ahmed** MCh (Orth), FRCS (Tr & Orth)  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Arthroscopic shoulder surgery, Elbow, wrist and hand surgery



**Dr Simon Donnelly** MRCP, MSc (Sports/Exercise Medicine)  
Consultant Rheumatologist, Sports Physician and Acute Medicine Physician

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Trained as a Sports Physician, MSc in Sports medicine (2012) and manages all soft tissue injuries, such as shoulder, foot and other difficult joint injuries



**Mr Ian Garnham** FRCS (Tr & Orth) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Foot and ankle surgery, Knee surgery, Surgery of the lower limb (including trauma and sports injury), Paediatric orthopaedics



**Mr Sunil Kumar** MBBS, FRCS (Eng), FRCSI, FRCS (Orth), DipSportsMed (Ed) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Sports injuries, All aspects of knee surgery, Minimally invasive partial, total, custom/patient-specific knee replacements, Cruciate ligament reconstruction, Biological solutions



**Mr Trevor Prior** BSc (Hons), FCPodS, FFPM, RCPS (Glasg), FCPodM **P**  
Consultant Podiatric Surgeon

**Main NHS base:** Homerton University Hospital NHS Foundation Trust

**Clinical interests:** Foot surgery, Bunion surgery, Gait analysis, Sports injuries, Running injuries, Orthoses, Diabetic foot complications



**Dr Debasish Pyne** MA, MBBS (Hons), FRCP  
Consultant Rheumatologist (with interest in sports injuries)

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Sports injuries, Soft tissue injuries (Tennis/Golfer's elbow, Achilles injuries, Frozen shoulder, Plantar fasciitis, Carpal tunnel)

## SPORTS MEDICINE AND SPORTS INJURIES (CONT)



**Mr Kesavan Sri-Ram** BSc, MBBS, MRCS (Eng), FRCS (Tr & Orth) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** All sport injuries, particularly relating to hips, knees, ankles and feet



**Prof Hasan Tahir** BSc, MBBS, MSc (SEM), FRCPE, MFSEM, FRCP (UK)  
Consultant Rheumatologist and Sports Physician

**Main NHS base:** Royal Free London NHS Foundation Trust

**Clinical interests:** Sports problems, Tennis elbow, Knee problems, Hip problems, Ankle injuries, Frozen shoulder, Wrist and hand problems, Carpel tunnel, Plantar fasciitis



**Mr Alexander Watson** BPharm, MRPharmS, MBBS (Hons), FRCS (Tr & Orth) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** Private practice

**Clinical interests:** Adult and paediatric foot, ankle and knee surgery, Sports injuries, Trauma, Degenerative changes, Morton's neuroma, Plantar fasciitis, Bunions, Tendon damage



**Mr Simon Wimsey** FRCS (Tr & Orth) **P**  
Consultant Orthopaedic Surgeon

**Main NHS base:** The Princess Alexandra Hospital NHS Trust

**Clinical interests:** All hand, wrist and elbow surgery, Arthritis, Carpal tunnel, Dupuytren's contracture, Trigger finger, Cysts, Ganglia, Tennis/Golfer's elbow, Arthroscopy, Trauma, Paediatrics

## THYROID SURGERY



**Mr James Crinnion** MD, FRCS  
Consultant General and Vascular Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Vascular and endocrine surgery, Laparoscopic cholecystectomy, Hernia repair, Cosmetic venous treatment, Endovenous laser surgery, Thyroid surgery



**Mr Anurag Jain** FRCS (ORL-HNS), FRCS (Oto), DLO, MSc, MS (Oto),  
PG Cert HCL (Open), MBBS  
Consultant ENT (Adult and Paediatrics), Head, Neck and Thyroid Surgeon

**Main NHS base:** Queen's Hospital, Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** All thyroid, salivary (parotid and submandibular gland) and neck lump surgery



**Mr Mrinal Saharay** PhD, FRCS  
Consultant General Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Endocrine conditions, Thyroid disorders, Goitre, Thyroid cancer, Minimally invasive parathyroid surgery

## UROLOGY



**Mr Shiv Bhanot** MS, FRCS  
Consultant Urological Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Laparoscopic surgery, Prostate and kidney cancer, Stone diseases, Female urology



**Prof Francis Chingwundoh MBE** MBBS, FRCS (Eng), FRCS (Ed), MS, FRCS (Urol),  
FEBU, MML  
Consultant Urological Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Prostate disease, Prostate cancer, Prostate brachytherapy, Male infertility, Erectile dysfunction, Incontinence, General urology, Medico-legal matters



**Mr Shafi Chowdhury** MBBS, PG DipUrol (UCL), FRCS (Urol)  
Consultant Urological Surgeon

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** General and diagnostic urology, Female and functional urology, Urodynamics, Neuro-urology, LUTS surgery, Urinary incontinence, Overactive bladder problems, Recurrent UTI



**Mr Stuart Graham** BSc, MBBS, FRCS (Ed), FRCS (Urol)  
Consultant Urological Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** All aspects of kidney stones, surgery and prevention, Ureteric colic, Laser prostatectomy, HoLEP, Hydrocoeles, Circumcision, Prostatitis, Recurrent infections, Cancer diagnostics



**Prof James Green** LLM, FRCS (Urol) **P**  
Consultant Urological Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Adult and paediatric urology, Uro-oncology, Prostate cancer and benign prostate disease, Urodynamics and transrectal ultrasounds



**Mr John Hines** FRCS (Urol)  
Consultant Urological Surgeon

**Main NHS base:** University College London Hospital

**Clinical interests:** Benign prostatic hyperplasia, TURP/HoLEP procedure, Prostate and bladder cancer, Prostate biopsies including fusion, Urodynamics



**Miss Jean McDonald** MBBS, FRCS (Ed), Dip Urol (UCL)  
Consultant Urological surgeon

**Main NHS base:** North Middlesex University Hospital NHS Trust

**Clinical interests:** Recurrent urinary tract infections and painful bladder syndrome in women



## UROLOGY (CONT)



**Mr John Peters** FRCS (Urol)  
Consultant Urological Surgeon and Divisional Director of Surgery

**Main NHS base:** Whipps Cross Hospital, Barts Health NHS Trust

**Clinical interests:** General urology, Lower urinary tract, BPH, Urgent diagnostic investigations, Urodynamics, Vasectomy, PSA and prostate, Stones, Recurrent UTI, Bladder assessments, Haematuria



**Mr Jaspal Viridi** MCh, MS, FRCS, FRCS (Urol), FEBU **P**  
Consultant Urological Surgeon

**Main NHS base:** Private practice

**Clinical interests:** General urology, Bladder, prostate and testicular cancer, Total stone management, BPH, Chronic prostatitis, UTIs, Paediatrics, HIFU, cryoablation and brachytherapy for prostate cancer

## VASCULAR SURGERY



**Mr Stephen Brearley** MA, MB, MChir, FRCS **P**  
Consultant General and Vascular Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Varicose veins, including endovenous laser treatment, Peripheral arterial disease, Aneurysms, Hyperhidrosis



**Mr James Crinnion** MD, FRCS  
Consultant General and Vascular Surgeon

**Main NHS base:** Barts Health NHS Trust

**Clinical interests:** Vascular and endocrine surgery, Laparoscopic cholecystectomy, Hernia repair, Cosmetic venous treatment, Endovenous laser surgery, Thyroid surgery



**Mr Sabu Jacob** MBBS, FRCS, FRCS (Gen)  
Consultant General and Vascular Surgeon

**Main NHS base:** Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinical interests:** Varicose veins including VNUS closure procedure, Laparoscopic hernia repair, Laparoscopic gallbladder surgery

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<b>Dr Jack Mann</b> Consultant Dermatologist	<b>47</b>
<b>Dr David Paige</b> Consultant Dermatologist	<b>47</b>
<b>Dr Shefali Rajpopat</b> Consultant Dermatologist	<b>47</b>
<b>Dr Anshoo Sahota</b> Consultant Dermatologist	<b>47</b>
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<b>Mrs Lara Ellison</b> Dietitian	<b>47</b>
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<b>Mr Abir Bhattacharyya</b> Consultant ENT Surgeon	<b>48</b>
<b>Prof Paul Chatrath</b> Professor of Rhinology/Honorary Consultant ENT Surgeon	<b>48</b>
<b>Mr Nicholas Flower</b> Consultant ENT Surgeon	<b>48</b>
<b>Mr Anurag Jain</b> Consultant ENT (Adult and Paediatrics), Head, Neck and Thyroid Surgeon	<b>48</b>
<b>Mr Samuel Jayaraj</b> Consultant ENT Surgeon	<b>48</b>



<b>Mr Nitesh Patel</b> Consultant ENT Surgeon	<b>48</b>
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<b>Mr Vikrant Veer</b> ENT Consultant with specialist interest in snoring, sleep apnoea and otology	<b>49</b>

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<b>Dr Rina Davison</b> Consultant Endocrinologist	<b>49</b>
<b>Mr Anurag Jain</b> Consultant ENT (Adult and Paediatrics), Head, Neck and Thyroid Surgeon	<b>49</b>
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<b>Dr Elizabeth Carty</b> Consultant Gastroenterologist	<b>50</b>
<b>Dr Ralph Greaves</b> Consultant Gastroenterologist	<b>50</b>
<b>Dr Syed Hoque</b> Lead Gastroenterologist	<b>50</b>
<b>Dr Edward Stoner</b> Consultant Gastroenterologist	<b>50</b>
<b>Dr Sudeep Tanwar</b> Consultant Gastroenterologist and Hepatologist	<b>50</b>
<b>Dr Alan Watson</b> Consultant Gastroenterologist and General Physician	<b>50</b>

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<b>Dr Simon Donnelly</b> Consultant Rheumatologist and Sports Physician	<b>51</b>
<b>Dr Ajith James</b> Consultant Physician and Nephrologist	<b>51</b>
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<b>Dr Henry Grundy-Wheeler</b> General Practitioner	<b>52</b>
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<b>Mr Stefano Andreani</b> Consultant Colorectal and General Surgeon	<b>53</b>
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<b>Mr Yashwant Koak</b> Consultant Bariatric and General Surgeon	<b>54</b>
<b>Mr Michael Machesney</b> Consultant General and Colorectal Surgeon	<b>55</b>
<b>Mr Hitesh Patel</b> Consultant General and Colorectal Surgeon	<b>55</b>
<b>Mr Ashish Rohatgi</b> Consultant Upper GI, General and Laparoscopic Surgeon	<b>55</b>
<b>Mr Mrinal Saharay</b> Consultant General Surgeon	<b>55</b>
<b>Mr Amit Sinha</b> Consultant General and Laparoscopic Surgeon	<b>55</b>
<b>Mr Steven Snooks</b> Consultant Breast and General Surgeon	<b>55</b>
<b>Mr MD Zaker Ullah</b> Consultant Breast and General Surgeon	<b>55</b>

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<b>Ms Sangeeta Agnihotri</b> Consultant Gynaecologist	<b>56</b>
<b>Miss Farida Bano</b> Consultant Gynaecologist and Obstetrician	<b>56</b>
<b>Mr Bashier Dawlatly</b> Consultant Gynaecologist	<b>56</b>
<b>Ms Nandita Deo</b> Consultant Obstetrician and Gynaecologist	<b>56</b>
<b>Mrs Sarah Hussain</b> Consultant Gynaecologist	<b>56</b>
<b>Ms Rahat Khan</b> Consultant Gynaecologist and Obstetrician	<b>56</b>
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<b>Dr Roopa Nair</b> Consultant Gynaecologist	<b>57</b>
<b>Mr Jimi Odejinmi</b> Consultant Gynaecologist	<b>57</b>
<b>Ms Alpa Shah</b> Consultant Obstetrician and Gynaecologist	<b>57</b>
<b>Ms Anupama Shahid</b> Consultant Gynaecologist and Clinical Network Director for Gynaecology	<b>57</b>
<b>Mrs Deepali Sinha</b> Gynaecologist/Urogynaecologist	<b>57</b>
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<b>Mr Nikolaos Haliasos</b> Consultant Neurosurgeon and Spine Surgeon	<b>60</b>
<b>Mr Ahmed Ibrahim</b> Consultant Neurosurgeon	<b>60</b>
<b>Mr Jonathan Pollock</b> Consultant Neurosurgeon	<b>60</b>
<b>Mr John Yeh</b> Consultant Neurosurgeon	<b>60</b>

#### ONCOLOGY

<b>Dr John Conibear</b> Consultant Clinical Oncologist	<b>60</b>
<b>Dr Stephanie Gibbs</b> Consultant Oncologist	<b>60</b>
<b>Dr Sherif Raouf</b> Consultant Clinical Oncologist	<b>61</b>
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<b>Mr Nayeem Ali</b> Consultant Oral and Maxillofacial Surgeon	<b>63</b>
<b>Mr Leo Cheng</b> Consultant Oral and Maxillofacial Surgeon	<b>63</b>
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<b>Mr Zaher Dannawi</b> Consultant Orthopaedic and Spinal Surgeon	<b>63</b>
<b>Mr Arif Khan</b> Consultant Orthopaedic Surgeon	<b>63</b>
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<b>Mr Srinivas Gadikoppula</b> Consultant Orthopaedic Surgeon	<b>64</b>
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<b>Mr Philip Mathew</b> Consultant Hand and Wrist Surgeon	<b>65</b>
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<b>Mr Nicholas Saw</b> Consultant Orthopaedic Surgeon	<b>65</b>
<b>Mr Simon Wimsey</b> Consultant Orthopaedic Surgeon	<b>65</b>

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<b>Mr Ian Garnham</b> Consultant Orthopaedic Surgeon	<b>65</b>
<b>Mr Shahbux Lashari</b> Consultant Orthopaedic Surgeon	<b>65</b>
<b>Mr Muhammad Shahid</b> Consultant Orthopaedic Surgeon	<b>65</b>
<b>Mr Kesavan Sri-Ram</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Krishna Vemulapalli</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Alexander Watson</b> Consultant Orthopaedic Surgeon	<b>66</b>

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<b>Mr Srinivas Gadikoppula</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Matthew Hearth</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Arif Khan</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Mandeep Lamba</b> Consultant Orthopaedic Surgeon	<b>66</b>
<b>Mr Brian Levack</b> Consultant Orthopaedic Surgeon	<b>67</b>
<b>Mr Graham Robbins</b> Consultant Orthopaedic Surgeon	<b>67</b>
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<b>Mr Kesavan Sri-Ram</b> Consultant Orthopaedic Surgeon	<b>67</b>
<b>Mr Kostas Tsitskaris</b> Consultant Orthopaedic Surgeon	<b>67</b>
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<b>Mr Ali Al-Sabti</b> Consultant Orthopaedic Surgeon	<b>70</b>
<b>Mr Nick Aresti</b> Consultant Orthopaedic Surgeon	<b>70</b>
<b>Mr Srinivas Gadikoppula</b> Consultant Orthopaedic Surgeon	<b>70</b>
<b>Mr Boyd Goldie</b> Consultant Orthopaedic Surgeon	<b>70</b>
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#### PAEDIATRIC SURGERY

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<b>Mrs Monika Bajaj</b> General and Neurodevelopmental Paediatrician	<b>71</b>
<b>Dr Emma Devereux</b> Consultant Paediatrician	<b>71</b>
<b>Dr Minal Gandhi</b> Consultant Paediatrician	<b>71</b>
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<b>Dr Thomas Conner</b> Consultant Radiologist	<b>75</b>
<b>Dr Ceri Davies</b> Consultant Radiologist	<b>75</b>
<b>Dr Mohamed Elsayad</b> Consultant Radiologist	<b>75</b>
<b>Dr Sivadas Ganeshalingam</b> Consultant Musculoskeletal Radiologist	<b>75</b>
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<b>Dr Ugochukwu Ekeowa</b> Consultant in General and Respiratory Medicine	<b>78</b>
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<b>Dr Debasish Pyne</b> Consultant Rheumatologist (with interest in sports injuries)	<b>78</b>
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**SPORTS MEDICINE AND SPORTS INJURIES**

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<b>Prof James Green</b> Consultant Urological Surgeon	<b>81</b>
<b>Mr John Hines</b> Consultant Urological Surgeon	<b>81</b>
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