

# Ultrasound Examination

## Patient Information



This patient information sheet should answer any questions you have about your procedure. If you still have questions after reading this, you can visit the Diagnostics section of our website [www.theholly.com](http://www.theholly.com), telephone the Diagnostic Centre on 020 8936 1202 or email [diagnostics@theholly.com](mailto:diagnostics@theholly.com)

### **What is an ultrasound examination?**

An ultrasound is a simple procedure which uses high frequency sound waves to create an image of part of the inside of the body. A small probe (called a transducer) is placed onto the skin and moved over the part of the body being examined. Ultrasound scans can be either external or internal depending on the part of the body that needs to be visualised.

It is important that you follow the instructions overleaf as failure to do so will result in delaying your procedure and may even result in us having to re-book your appointment.

### **Preparing for an abdominal ultrasound scan**

Please do not eat anything for six hours before your appointment.

You may drink water and continue taking essential medication.

### **Preparing for a bladder, prostate or lower abdominal scan**

Empty your bladder two hours before the examination.

During the two hours before your procedure, drink a total of two pints of fluid.

Do not pass urine again until after the examination.

**Important notice:** If you are a patient with Chronic Renal Failure (CRF) do not dehydrate.

If you have any queries regarding 'preparations', please ask to speak to one of our clinical staff.

### **Other ultrasound examinations**

No preparation required.

### **What happens after the procedure?**

The Consultant Radiologist will write up a report, usually within 48 hours and send this to your referring consultant. Please ensure you have made a follow up appointment with

your referring doctor to discuss your results.

### **Important information for patients paying for their own treatment**

We respectfully request that your account is settled either by insurance authorisation or payment at the time of your appointment. A fee may be charged for non-attendance or if less than 24 hours notice is given to cancel an appointment.

### **Further information**

Please do not hesitate to contact us if you have any further queries. You can telephone the Diagnostic Centre on 020 8936 1202 or email [diagnostics@theholly.com](mailto:diagnostics@theholly.com). Alternatively you can visit the Diagnostics section of our website [www.theholly.com](http://www.theholly.com)

If you would like a copy of this information in large print or an alternative language, please call 020 8936 1214.

Please note we are unable to provide child care facilities during your examination and in most cases children will be unable to accompany you into the examination rooms.

**Call: 020 8505 3311 (Main Switchboard)**  
**Call: 020 8936 1202 (Diagnostics Centre)**  
**Email: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)**  
**Visit: [theholly.com](http://theholly.com)**

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