

# Pelvic ultrasound

## Patient information

**This patient information sheet should answer any questions you have about your procedure. If you still have questions after reading this, you can visit the Diagnostics section of our website [www.theholly.com](http://www.theholly.com), telephone the Diagnostic Centre on 020 8936 1202 or email [diagnostics@theholly.com](mailto:diagnostics@theholly.com)**

The following preparation sheet and information for patients apply to pelvic ultrasound examinations performed at The Holly Private Hospital.

It is important that you follow the instructions below as failure to do so may result in delaying the procedure.

### **Transabdominal ultra sound**

Please empty your bladder approximately two hours prior to your appointment. Then drink approximately two pints of fluid (preferably water, and not fizzy liquids) and do not empty your bladder until after the scan is complete. The bladder needs to be full to obtain a clear view of the uterus, ovaries and bladder. A small hand-held probe will be moved over the skin surface and images produced.

### **Transvaginal ultrasound**

Often it is necessary to perform a transvaginal ultrasound examination to see the uterus and ovaries more clearly. If this is the case, we will ask you to empty your bladder and a small transvaginal ultrasound probe will be inserted into the vagina. This is not a painful examination. If you wish to bring a chaperone with you, or require one, please ask the Sonographer performing the examination.

### **What happens after the procedure?**

The Consultant Radiologist will write up a report, usually within 48 hours and send this to your referring consultant. Please ensure you have made a follow up appointment with your referring doctor to discuss your results.

## **Important information for patients paying for their own treatment**

If you are a private patient, we respectfully request that you settle your account either by insurance authorisation or payment at the time of your appointment. A fee will be charged for non-attendance or if less than 24 hours' notice is given to cancel an appointment.

## **Further information**

Please do not hesitate to contact us if you have any further queries. You can telephone the Diagnostic Centre on 020 8936 1202 or email [diagnostics@theholly.com](mailto:diagnostics@theholly.com). Alternatively you can visit the Diagnostics section of our website [www.theholly.com](http://www.theholly.com)

If you would like a copy of this information in large print or an alternative language, please call 020 8936 1214.

Please note we are unable to provide child care facilities during your examination and in most cases children will be unable to accompany you into the examination rooms.



**Call: 020 8505 3311 (Main Switchboard)**  
**Call: 020 8936 1202 (Diagnostics Centre)**  
**Email: [diagnostics@theholly.com](mailto:diagnostics@theholly.com)**  
**Visit: [theholly.com](http://theholly.com)**

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