

Cystogram

Patient information

This patient information sheet should answer any questions you have about your procedure. If you still have questions after reading this, you can visit the Diagnostics section of our website www.theholly.com, telephone the Diagnostic Centre on 020 8936 1202 or email diagnostics@theholly.com



What is a cystogram?

A cystogram is an examination that takes images of your urethra and bladder.

The procedure is carried out by a Consultant Radiologist (a doctor who uses x-rays to diagnose and treat illnesses); and a Radiographer (a health professional who produces the images used to diagnose and treat illnesses).

Please inform the Diagnostics Department of any medications you are taking, or of any severe allergies, recent illnesses or other medical conditions, prior to having this procedure.

What happens during the procedure?

You will be asked to change into a hospital gown and remove jewellery, dentures, glasses and any metal objects or clothing that might interfere with the x-ray images.

We will also ask you to empty your bladder prior to the examination. You will then be brought into the fluoroscopy room and asked to lie on the x-ray table. Some local anaesthetic jelly will be used to make the examination more comfortable.

Then a thin hollow tube called a catheter will be inserted into your urethra (the opening through which you urinate). This might be a little uncomfortable, but should not be painful. The catheter will gently be advanced into your bladder. The Consultant Radiologist will fill the catheter with an x-ray dye, called contrast. The shows up on the images and allows the Radiologist to clearly see and check your internal organs. A series of images will then be taken. The catheter will be removed at the end of the procedure.

How long will it last?

The cystogram lasts around 20 to 30 minutes but may take longer.

What happens after the procedure?

The Consultant Radiologist will write up a report, usually within 48 hours and send this to your referring consultant. Please ensure you have made a follow up appointment with your referring doctor to discuss your results.

Further information

Please do not hesitate to contact us if you have any further queries. You can telephone the Diagnostic Centre on 020 8936 1202 or email diagnostics@theholly.com. Alternatively you can visit the Diagnostics section of our website www.theholly.com

If you would like a copy of this information in large print or an alternative language, please call 020 8936 1214.

Please note we are unable to provide child care facilities during your examination and in most cases

Call: 020 8505 3311 (Main Switchboard)
Call: 020 8936 1202 (Diagnostics Centre)
Email: diagnostics@theholly.com
Visit: theholly.com

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